

Nottinghamshire Warm Homes on Prescription

The Nottinghamshire Warm Homes on Prescription project aims to help low income residents with cold-sensitive long-term health conditions to achieve affordable warmth.

Criteria

The project can help residents who satisfy the following criteria:

- ✓ Have long-term **health conditions** made worse by the cold (see agreed conditions in the box opposite)
- ✓ Live within the **Newark & Sherwood District Council area**
- ✓ Have a gross household income of no more than £16,010 (Excl. PIP and DLA)
- ✓ Have savings of less than £16,000
- ✓ Own their **own home** or **privately rent*** their home

Relevant long term health conditions made worse by living in a cold home

1. Atrial fibrillation
2. Coronary heart disease
3. Heart failure
4. Hypertension
5. Peripheral arterial disease
6. Transient ischaemic attack
7. Asthma
8. COPD
9. Rheumatoid arthritis
10. Osteoporosis
11. Diabetes
12. Cancer

How we can help

Heating Improvements:

- Boiler repairs/replacement (note: this is not an emergency service)
- New heating controls
- Insulation
- Draught-proofing

Make heating more affordable:

- Reducing heating costs with tariff switching
- Increasing income using benefits checks
- Using heating efficiently – setting controls and timers

Advice on the importance of keeping warm:

- Cold worsens existing health conditions
- Increase risk to those with respiratory, circulatory and mobility conditions
- Keep warm and safe
- Heat rooms to healthy temperate (18 – 21°C)

Recognising the signs of fuel poverty:

What clients might tell you	What you might notice on a home visit
<ul style="list-style-type: none"> • Complain of being cold or feeling draughts • Fuel bills too high, owe money for fuel • Use prepayment meter to avoid running up debt • Stay in bed to keep warm • Sit with hot water bottle or blanket to keep warm • Want to stay in hospital because more comfortable • Use only part of the house to keep warm 	<ul style="list-style-type: none"> • Home feels cold or draughty • Smells of damp • No visible form of heating or only heating is in one room • Ventilators have been blocked up • Resident wears lots of clothes indoors • Curtains closed during the day to keep heat in • Signs of condensation or dampness • Indications that resident only lives in one room

How to make a referral

If you feel somebody would benefit from an assessment please complete the Initial Enquiry Form on the reverse and forward it to **Jane Eley (Warm Homes on Prescription Advisor)** via winterwarmth@nsdc.info or jane.eley@nsdc.info who will arrange a home visit.

If you would like to discuss the project further please don't hesitate to contact Jane on 01636 655596

*Support can be offered to **private rented properties** in some circumstances; please call for more information.

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Initial Enquiry Form

We need to ask you a few questions to find out whether your local council may be able to help.

Do you give your consent for these answers to be shared with your council? YES / NO

Name of person completing this form

ORGANISATIONTEL/EMAIL.....

Client details

Name.....Age/DOB.....

Address

.....

Post Code.....

Phone..... Mobile.....

Alternative contact name (relative / carer /etc.).....

Alternative contact phone number

Is your home:

Privately owned

Privately rented

Social housing

Do you struggle to heat your home? YES / NO

Do you suffer from any of the following health conditions? (Please circle)

Arterial fibrillation / heart flutter

Asthma

Angina/coronary heart disease

COPD

PAD/peripheral arterial disease

Rheumatoid arthritis

Hypertension/high blood pressure

Diabetes

Osteoporosis/brittle bones

Cancer

TIA/mini stroke

Other

Additional Information.....

ACTION

Forward this completed form to Jane Eley (Warm Homes on Prescription Advisor) via winterwarmth@nsdc.info or jane.eley@nsdc.info who will arrange a home visit.

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