Referral Guidance for Practices

March 2020
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Breast Pain Clinic

Via e-Referral

* Request Type
  Referral

* Priority
  2 Week Wait

Enter one or more of the following fields. Entering information in more than one row may reduce the services returned.

Clinical Tone

Specialty
  Surgery - Breast

Clinic Type
  Other symptomatic Breast (2WW)

<table>
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<tr>
<th>Appointment Type</th>
<th>Service Name</th>
<th>Indicative Treatment Wait</th>
<th>Directly Bookable</th>
<th>Referrer Alert</th>
<th>Link to NHS Choices</th>
<th>Location</th>
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<tbody>
<tr>
<td>First outpatient</td>
<td>Breast Clinic - King's Mill Hospital - STHF - RK5</td>
<td></td>
<td>Yes</td>
<td></td>
<td></td>
<td>KING'S MILL HOSPITAL</td>
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</table>

- This clinic is in addition to the existing 2ww breast cancer referral clinic. The 2ww breast cancer clinic remains unchanged.
- The clinic is currently based at PC24. It is anticipated that in the future this service will be run in a Primary Care / Community setting.

**Benefits of this service are:**
- An improved experience for patients with breast pain
- Reduced repeat GP attendances
- Reduced unwarranted referrals to the breast clinic
- Improved early detection of significant breast cancer family history.

**Clinical Criteria for Referral:**
- Patients who are unassured after assessment by GP.
- Recurrent GP attendances with breast pain as the predominant symptoms.
2ww Referral Templates

- Please ensure that when sending a 2ww referral that the Ardens referral template has been used.
- Please also ensure that this contains all the required clinical information to ensure patients are directed to the most appropriate pathway and speeds up their diagnosis and treatment.
2ww Urology

Via e-Referral

- The 2ww prostate, bladder and general urology clinic has been replaced by a single non-bookable 2ww general urology clinic.
- This will streamline the patient pathway and reduce the risks of delays.
- All referrals will be reviewed by a consultant and directed to the most appropriate pathway.
- Please ensure that the Arden’s referral template has been fully completed.
2ww Vague Symptoms Pathway (ages 75+)

Via e-Referral

- This new pathway provides a structured process for investigating patients with non-specific but serious symptoms which causes the GP to suspect cancer.
- This pathway is for over 75 year olds only. SFH are working on a pathway for under 75’s expected to be launched within 6 months.
- **The referral criteria is:**
  - Cannot place patient on site-specific 2WW pathway
  - Weight loss in absence of GI symptoms
  - Unexplained DCT
  - GP gut feeling that patient has cancer
  - Anorexia in absence of GI symptoms
  - Mandatory screening tests (FBC, UE, LFTs, Bone Profile, ESR, TFTs, HbA1c and CXR) must be carried out before considering a referral on the vague symptoms pathway. Abnormal results should be managed as appropriate including consideration of a site specific 2ww pathway.
  - Only patients with normal results or abnormal but non-specific results should be considered for the vague symptoms pathway. If the suspicion is a recurrence of a previous cancer the patient should be referred back to the original specialty.

Acute Home Visiting Service

Via Telephone – 03000830000 option 8

- Available to take referrals between 8.30am and 5pm Monday to Friday.
- Each practice will have a “protected” one visit per day but all other slots will be first come first serviced. If this “protected visit is not taken up by 10am this will be opened up to all. PICS will review the equity of provision through the day to ensure that not all available visits go to one or two practices.

Adult Mental Health – Referral Form

- For all urgent and routine referrals to Adult Mental Health (AMH) and Mental Health Services for Older People (MHSOP) please use this referral form.
- This replaces the e-Referrals and letter referral process.
- Referrals to Crisis and Iris services should still be made by telephone as usual.

Once the form has been completed please email to the appropriate team (link to emails at the bottom of the form)

Click the link below to access referral email addresses.

Advice and Guidance

Via e-Referral

- Advice and Guidance has been expanded to all specialties.
- This is for non urgent requests.
- Requests should be responded to within 2-5 working days.

As with the current advice and guidance service GPs will be able to:
- Receive consultant advice on a treatment plan and/or the on-going management of a patient
- Ask for clarification (or advice) regarding a patient’s test results
- Seek advice on the appropriateness of a referral for their patient (e.g. whether to refer, or what the most appropriate alternative care pathway might be)
- Identify the most clinically appropriate service to refer a patient into

Advice and Guidance for Renal Specialist Input and Support in Management and Decision Making

- NUH (also covering SFH) are requesting you to submit all written advice and guidance requests via eRS Electronic Referral System.
- This ensures that there is a ‘safety net’ in place to ensure that appropriate action is taken for patients.
- For any queries please contact chris.sewell1@nhs.net who can provide any clarifications required.

https://midnottspathways.nhs.uk/guidance-pathways/referral-facilitation/advice-guidance/
### Audiology (Direct Access)

**Via e-Referral**

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<tr>
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<th>Mileu</th>
<th>Appointment Type</th>
<th>Service Name</th>
<th>Indicative Appointment Wait</th>
<th>Indicative Treatment Wait</th>
<th>Directly Bookable</th>
<th>Referrer Alert</th>
<th>Link to NHS Choices</th>
<th>Location</th>
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<tr>
<td>☐</td>
<td>5</td>
<td>AHP Clinic</td>
<td>Audiology Adult - (16 to 65 yrs of age) - Kings Mill Hospital - SFIHT - RD/S</td>
<td>27 Days</td>
<td></td>
<td>Yes</td>
<td></td>
<td></td>
<td>KING'S MILL HOSPITAL</td>
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[https://midnottspathways.nhs.uk/guidance-pathways/ent/direct-access-audiology-services/](https://midnottspathways.nhs.uk/guidance-pathways/ent/direct-access-audiology-services/)
Bariatric and Weight Management – Tier 3

Via e-Referral

- Tier 3 weight management referrals to go to the Tier 3 Bariatric Weight management referral assessment service held at Royal Derby Hospital via e-Referral.
- Please see referral criteria on e-Referral.
- Bariatric Tier 3 Referral form must be attached with the referral. This can be found in Ardens.

- The Post –Operative Bariatric Referral Assessment Service is for patients having Post -Operative problems with Gastric bands, Sleeve Gastrectomy and Gastric Bypass. These patients would not currently be under follow-up at the hospital.

## Call for Care

### Option 1
- **Admission avoidance (2 hour response)** – provides a clinician to clinician handover to mobilise a 2 hour response for patients whose health needs have changed, making them at risk of avoidable hospital admission. Once call for care have assessed the patient they will route them into other services required including Hospital at home which is a consultant geriatrician led pathway providing 72 hours of medical monitoring for increased frailty and sub-acute needs.
- **Community Urgent Response and Rehab Team (CURRT)** - Urgent response, Hospital at home, Facilitate early discharge from hospital and Therapy. Intensive rehabilitation for people who have deconditioned functionally as a result of a new health problem.

### Option 2
- **End of Life and Palliative care** ([For further info see End of Life Together Service](https://midnottspathways.nhs.uk/guidance-pathways/out-of-hours-care-urgent-care/call-for-care/))
- Patients are navigated through this option by skilled call advisors who will establish whether the patient has specialist or generalist palliative care needs, determine the urgency and ensure the most appropriate clinical response is activated in community services. This pathway includes services provided by: **District Nurses, PICS, John Eastwood Hospice Specialists, Nottinghamshire Hospice, Beaumont House, Hospice at Home Services**. Please use this option for all new end of life referrals; anyone who is in the last 12 months of life and requests support to manage their needs at home.

### Option 3
**Planned Care (non-urgent referrals for all general health services)**
- **District nursing**
- **Community therapy**
- **Specialist Continence**
- **Specialist nursing (including respiratory services, diabetes and heart failure).**

### Option 3 includes:

<table>
<thead>
<tr>
<th>Service</th>
<th>Description</th>
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<tbody>
<tr>
<td>District Nursing</td>
<td>Aligned to PCNS and provide nursing care for the housebound, such as (but not limited to) administration of medicines / injections, wound care, drains, suture / clip removal, pressure area care and continence management (catheters and enemas)</td>
</tr>
<tr>
<td>Community Therapy</td>
<td>Provides an enhanced level of assessment and rehabilitation from OTs and Physio’s to prevent further functional decline and maximise independence.</td>
</tr>
<tr>
<td>Specialist nurses</td>
<td>Support people with long term conditions to optimise their condition through support self-care, this includes Respiratory services, Diabetes and Heart Failure.</td>
</tr>
</tbody>
</table>
Call for Care – Urgent Response CURT Team

As well as referrals through Call for Care Option 1, Referrals to CURT can also be made via SystmOne referral:
CAMHS Eating Disorder Service

Via email

- The service assesses and provides treatment for children and young people up to 18 years old with a significant eating disorder.
- For referrals please send a letter to not-tr.CAMHSreferrals@nhs.net
- Further information on the service can be found here: https://www.nottinghamshirehealthcare.nhs.uk/camhs-eating-disorder-team

CAMHS Self-Referral

- Patients can self-refer to CAHMS.
- This can be done via the online form: https://www.nottinghamshirehealthcare.nhs.uk/camhs-self-referral
- Further information can also be found here.
Cardiology Referrals via Medefer

Via e-Referral

- When referring a patient for cardiology please book into:

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<th>Select</th>
<th>Miles</th>
<th>Appointment Type</th>
<th>Service Name</th>
<th>Indicative Appointment Wait</th>
<th>Indicative Treatment Wait</th>
<th>Directly Bookable</th>
<th>Referrer Alert</th>
<th>Link to NHS Choices</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Triage Service</td>
<td>Cardiology RAD Clinic - Kings Mill Hospital - SFHFT-RHS</td>
<td>N/A</td>
<td>22 weeks</td>
<td>N/A</td>
<td>1</td>
<td>1</td>
<td>KINGS MILL HOSPITAL</td>
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- Medefer are now working in partnership with SFHFT to triage cardiology referrals for which the Trust were unable to offer an outpatient clinic appointment.
- Communications should have been sent to practices from SFHFT.
- A team of NHS consultants will then triage patients, depending on clinical complexity with 3 primary outcomes:
  1) Simple advice and guidance
  2) Direct referral to hospital
  3) Online management via virtual hospital pathway
- For further information please see here: [https://midnottspathways.nhs.uk/guidance-pathways/referral-guidance-facilitation/medefer/](https://midnottspathways.nhs.uk/guidance-pathways/referral-guidance-facilitation/medefer/)

This will soon also be rolled out to gastroenterology and dermatology.
Change Point Obesity Prevention and Weight Management Service – Tier 1 & 2

Patients can self-refer by calling 03330050093

• Further information can be found at: http://www.everyonehealth.co.uk/nottinghamshire-county-council/obesity-prevention/

• If GP referral, referral form can be found in Ardens.

Community Dermatology Service

Via SystmOne referral
Please refer the following to the community dermatology service ran by Dr Jeremy Hill. Clinics are held at Bilsthorpe Surgery and Kirkby Community Primary Care Centre.

- **ALL** adult dermatology referrals (apart from 2ww and tele-dermatology)
- Referrals for children with eczema

This includes those with eczema, psoriasis, rosacea, acne, fungal infections and miscellaneous rashes. Patients requiring Secondary Care will be promptly triaged and practices advised of the most appropriate service or clinic to access.

As well as seeing patients in clinic, Jeremy is happy to provide advice by phone 01623 870230 or email jeremy.hill2@nhs.net.

**Please ensure the following:**
- A referral letter is attached.
- Please ensure sharing consents are explicitly set to share both in and out.
- Please ensure patient telephone numbers are up to date so the service can contact patients.
- This service is not an ‘urgent service’. Please refer directly to secondary care if you feel the patient needs to be seen urgently.

https://midnottspathways.nhs.uk/guidance-pathways/dermatology/community-dermatology-service/
Community Nutrition and Dietetics

Via SystmOne referral

- Updated referral forms are available for use and include guidance on the conditions seen and information required by the service.
- Please complete the referral form and save to the patient record.
- Then click ‘Send nutrition and dietetics’.
- Please make sure that the patient has given consent to share in and out their record and that the sharing settings have been set.
- Task recipient should be set to ‘Dietetics Referrals North’.

The service accepts adult and paediatric referrals.

Common conditions accepted in adults are Nutrition Support, Diabetes managed in primary care, Irritable Bowel Syndrome and Coeliac Disease. **Referrals for Nutrition support will only be accepted with a qualifying MUST score.** Please note we do not provide weight management services for adults.

Paediatric referrals include cow’s milk allergy, faltering growth and restricted eating related to Autistic Spectrum Disorder. The form can also be used to access our group education sessions for cow’s milk allergy. Paediatric referrals are only accepted if the patient is under 5 years of age.

https://midnottspathways.nhs.uk/guidance-pathways/nutrition/community-nutrition-and-dietetics/
If GPs receive requests from families or schools for additional support around behavioural concerns for a referral for ASD / ADHD assessment, these are to be redirected to the relevant locality Healthy Families Team who will assess and pass cases on to Small Steps as required.

UNLESS red flags are identified, in which case a direct paediatric referral should be made.
Concerning Behaviours Pathway (2)

Healthy Families
• Concerns regarding behavioural problems in children and young people age 0-19 should all be referred to the Healthy Families Team for assessment and early intervention. Healthy Families Teams will then decide whether further intervention from Small Steps would be beneficial.
• Referrals should not be referred to the GP from Healthy Family Team to then go to Small steps – if this is happening please inform Katharine.browne@nottscc.gov.uk

Small Steps Pathway
• Evidence of persistent behavioural needs which may be indicative or characteristic of ASC/ADHD which are detailed comprehensively during the collation of information
• Evidence of a brief behavioral intervention carried out and evaluated by a tier 1/universal service, which has been deemed not to meet their needs. For 0-5s this would include intervention from children’s centers. An exception would be where the behavioral presentation or need of the child/young person clearly exceeds the capability of a tier1/universal brief intervention.
• The child/young person aged 0-18 is registered with a Nottinghamshire County GP, resident within Nottinghamshire County or attends a school located within Nottinghamshire County boundaries.
• Evidence of parental or carer consent prior to referral, and the young person where appropriate.

Community Paediatrics
• Referrals go to community paediatrics if there are red flags. Red flags include:
  • Developmental regression – loss of skills previously attained
  • Significant developmental delay

Schools should NOT be referring to GPs for onward referral to CAMHS, Paediatrics or Healthy Families for assessment they should refer direct to the Healthy Families Team themselves.

https://midnottspathways.nhs.uk/guidance-pathways/paediatrics/concerning-behaviours-pathway/
Continence Clinic

Via SystmOne Referral

Referral Directory Page 1

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<th>Lifestyle</th>
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<td>DESMOND</td>
<td>ChangePoint Weight Manage...</td>
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<tr>
<td>Anticoagulation Clinic</td>
<td>DESMOND - For When No C...</td>
<td>Debt Advice Information</td>
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<tr>
<td>Echo / 24 Hour ECG</td>
<td>Diabetic Eye - Exclusion</td>
<td>Everyone Active - Ash...</td>
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<td>Fertility Clinic</td>
<td>Diabetic Eye - Screening</td>
<td>ENIGAGE Exercise Class</td>
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<td>Diabetic Pregnancy Eye Sor...</td>
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<td>Diabetic Foot Clinic</td>
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<td>Reach Fitness Referral</td>
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<td>Reactiv8 Referral</td>
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<td>Specialist Continence Refe...</td>
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<td>Smokefreelife - Nottingha...</td>
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<td>Send Specialist Continence</td>
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<td>Weight Management - Tier 3</td>
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https://midnottspathways.nhs.uk/guidance-pathways/gynaecology/continence/
Continuing Healthcare – Fast Track Pathway Tool

Via email

- Please complete both the Fast track referrals template and the Healthcare needs checklist.
- Please then email referrals to nshccg.midnottsfasttrackreferrals@nhs.net

The criteria are satisfied when an appropriate clinician concludes that the person has:
- A rapidly deteriorating condition.
- The condition may be entering the terminal phase (eg prognosis of days / weeks)
- The person has a primary health need.
- The person needs CHC funding to urgently meet their care needs.

**All of the above must be satisfied.**
The framework is clear that where there are local end of life pathways these may be appropriate and therefore not everyone at the end of their life will be eligible for, or require NHS Continuing Healthcare.

For further information please see here.

https://midnottspathways.nhs.uk/guidance-pathways/other-information/continuing-healthcare/
Crisis Resolution Home Treatment Team

To refer a patient please call 0115 9560860

Patients can self refer without GP referral if they are already receiving treatment from secondary care mental health services.

- Mid Notts Crisis Team, Millbrook Mental Health Unit, Kings Mill, Sutton in Ashfield, Notts, NG17 4JT
- The service operates 24 hours a day, 7 days a week.
- Referrals accepted will be contacted within 4 hours and seen face to face within 24 hours if patient is in agreement.
- The service offers advice for patients where it is uncertain if they need a Crisis Team Assessment.
- Patients with drug and alcohol problems can be referred if high risk. However if they are intoxicated they will need to be diverted to ED instead.
- If patient is a risk to themselves and has a secondary substance problem, please refer to the crisis team as usual.
- Please do not direct patients to present in person to Millbrook Mental health unit.

https://midnottspathways.nhs.uk/guidance-pathways/mental-health/serious-mental-illness-smi/
Dementia Information Service (NEWARK ONLY)

Via patient self-referral – please call 01636 679539 or email dementia@nandscvs.org

Or GP referral – Referral form can be found here.

- The service is based at Newark and Sherwood CVS.
- The service supports people with Dementia (or Memory problems they do not need a formal diagnosis) and their carers, friends and relatives to get relevant information when they need it.
- They discuss the needs of the clients and signpost and refer to other relevant services and send out information on all aspects of memory problems, be it understanding their diagnosis or the more practical aspects of date to day living with memory problems.
- The aims of the service are:
  - To provide people with dementia and their carers with information about services, ways to access support and when necessary to provide or source support for carers when they encounter difficulties accessing services.
  - To provide information and advice that is personalised to the individual; at a time and in a format that is right for them.

https://midnottspathways.nhs.uk/guidance-pathways/mental-health/mental-health-services-for-older-people-mhsop/
DESMOND

Via SystmOne Referral
When referring please ensure:
• The consent to share has been actioned.
• Ensure that the task group DESMOND has been chosen on the referral.

OR via self-referral
• By telephone 01623 785204
• Or Email not-tr.desmondnotts@nhs.net

For Mansfield, Newark and Sherwood practices please refer to Notts Women’s Aid:
• Their base is The Farr Centre, Worksop S80 1LR.
• Phone number 01909 533610 – Patients can self-refer.
• For GP referrals please complete referral form and email to enquiries@nottswa.org

For Ashfield Practices please refer to Juno Women’s Aid Indigo Service:
• Please complete referral form (see here) and email to indigo@junowomensaid.org.uk
• More information can be found at junowomensaid.org.uk

There is also a free 24 hour helpline (for all of Notts) 08088000340
If an incident has been assessed as high risk using the DASH risk assessment tool (see here), the referral (including DASH risk assessment) is to be sent to:
South MARAC: maracadmin.south@nottinghamshire.pnn.police.uk
North MARAC: maracadmin.north@nottinghamshire.pnn.police.uk
DVT Clinic

Mansfield and Ashfield area-
To book a suspected DVT patient onto the PC24 DVT pathway please call 0115 8462376.

Newark and Sherwood area–
To book a suspected DVT patient onto the Newark Hospital DVT pathway please call the Newark Medic on Call number 0163681681.

• Please ensure a Wells score has been completed if you suspect DVT.
• You do not need to initiate any tests or prescribe medication please call the below numbers.
• NEMS will provide the clinical assessment and diagnostic pathway for all patients in Nottinghamshire 24 hours a day.
• The following patients are unable to be treated:
  • Have bilateral swelling
  • Are under 18 years old
  • Have chest pain or shortness of breath
  • Are pregnant
  • Are immobile

Early Inflammatory Arthritis (EIA) Pathway

Via SystmOne Referral

- The MSK hub are now streaming Rheumatology as Routine, Urgent or Early Inflammatory Arthritis.
- Please complete the suspected RA template and order baseline tests in readiness for EIA clinic.

End of Life Together Service

Via call for Care 01623781899 option 2
• Available 24 hours, 7 days a week.
• This service is for patients and their carer’s in mid Nottinghamshire who may have:
  • An estimated prognosis of 12 months or less
  • Specialist palliative care needs
  • Supportive palliative care needs
  • Support as a carer or a bereaved person related to a patient referred to the service.
• For further information on what the service provides please see: https://midnottspathways.nhs.uk/guidance-pathways/end-of-life-care/end-of-life-care-together-service/
Falls Service

Via SystmOne Referral to the falls team

GP Advice for Adult Psychiatry

For Advice and Guidance from General Adult Psychiatrist please email: GPsAdviceLine@nottshc.nhs.uk

- Response within a working 72 hour period (accounting for weekends)
- Monday to Friday
- 18-65 year olds only
- This is for direct communications with a General Adult Psychiatrist for new patients and patients not currently open to secondary mental health services.

<table>
<thead>
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<th>Inclusion</th>
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<tbody>
<tr>
<td>• 18-65 year olds</td>
<td>• Under 18 (CAMHS)</td>
</tr>
<tr>
<td>• Psychiatric issue</td>
<td>• Over 65 (MHSOP)</td>
</tr>
<tr>
<td>• Not open to mental health services</td>
<td>• Intellectual Disability</td>
</tr>
<tr>
<td>• Quick advice from psychiatrist</td>
<td>• Forensic</td>
</tr>
<tr>
<td>• Sign posting</td>
<td>• Pregnant (Perinatal)</td>
</tr>
<tr>
<td>• Medication advice</td>
<td>• Referrals into LMHTs</td>
</tr>
<tr>
<td></td>
<td>• Drug and Alcohol issues</td>
</tr>
</tbody>
</table>

Please note – The GP Advice and Guidance email for adult Psychiatry is for advice from General Adult Psychiatrist and not for routine / urgent referrals which should still be referred through the Single Point of Allocation (SPA) Meeting.

If there are concerns about imminent risk, please contact the Crisis team in Mid-Notts on 01159560860 [24hrs]

https://midnottspathways.nhs.uk/media/2433/gp-advice-line-for-adult-psychiatry-final-280119.pdf
Gynaecology Physiotherapy

Via e-Referral only (Patients cannot self refer)

<table>
<thead>
<tr>
<th>Select</th>
<th>Miles</th>
<th>Appointment Type</th>
<th>Service Name</th>
<th>Indicative Appointment Wait</th>
<th>Indicative Treatment Wait</th>
<th>Directly Bookable</th>
<th>Referrer Alert</th>
<th>Link to NMS Choices</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐</td>
<td>3</td>
<td>AHP Clinic</td>
<td>Physiotherapy (Gynaecological) Clinic - Kings Mill Hospital - SFHFT - RK5</td>
<td>Limited Availability</td>
<td></td>
<td>Yes</td>
<td></td>
<td></td>
<td>KING'S MILL HOSPITAL</td>
</tr>
<tr>
<td>☐</td>
<td>14</td>
<td>AHP Clinic</td>
<td>Physiotherapy (Gynaecological) - Newark Hospital - SFHFT - RK5</td>
<td>Limited Availability</td>
<td></td>
<td>Yes</td>
<td></td>
<td></td>
<td>NEWARK HOSPITAL</td>
</tr>
</tbody>
</table>
Chronic Headaches Pathway

Via e-Referral

- Please refer patients to into the ‘Headache RAS’ triage service on e-Referral.
- Referrals will be reviewed by a consultant in a ‘virtual clinic’. Possible outcomes from the triage are:
  1) A written management advice letter back to the GP and patient.
  2) An outpatient appointment in a neurology clinic will be made.

Please note patients can still be seen at Kings Mill or Newark.

Headaches with papilloedema or headaches associated with persistent or developing neurological deficits should not be referred through this pathway and should go to eye casualty/A&E or be referred to the acute neurology team by contacting the on call consultant at QMC.

https://midnottspathways.nhs.uk/guidance-pathways/neurology/chronic-headache-pathway/
Inter-Practice Referral

24 Hour ECG
(For Newark, a referral can be made to Balderton, Lombard or Collingham via nhs.net) A referral template will also need completing.

Cervical Polypectomy

Contraceptive Implant

IUCD

Joint Injections

Vaginal Pessary

https://midnottspathways.nhs.uk/guidance-pathways/referral-facilitation/inter-practice-referral/
Microsuction

Via e-Referral

Please ensure that you have attached an approved prior approval form for all microsuction referrals. This will prevent any delays.

<table>
<thead>
<tr>
<th>Service Name</th>
<th>Indicative Appointment Wait</th>
<th>Indicative Treatment Wait</th>
<th>Directly Bookable</th>
<th>Referrer Alert</th>
<th>Link to NHS Choices</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Microsuction Service - Pilot - Mansfield and Ashfield CCG - D4E</td>
<td>14 Days</td>
<td></td>
<td>No</td>
<td></td>
<td></td>
<td>ROWNWOOD SURGERY</td>
</tr>
<tr>
<td>Community Microsuction Service - Pilot - Mansfield and Ashfield CCG - D4E</td>
<td>27 Days</td>
<td></td>
<td>No</td>
<td></td>
<td></td>
<td>WILLOVEROOK MEDICAL PRACTICE</td>
</tr>
</tbody>
</table>

https://midnottspathways.nhs.uk/guidance-pathways/ent/community-microsuction-ma-ccg-only/
MSK Hub

Via SystmOne Referral

All referrals to be sent to the MSK hub for triage for:-

• Orthopaedics
• Rheumatology
• Pain Management
• Surgical Podiatry

Also MSK physiotherapy referrals to be sent to the hub via SystmOne referral and Ardens templates. (also see Physiotherapy)

The MSK hub will undertake triage and manage the booking into the appropriate service. Any referrals sent directly to secondary care will be returned to the GP practice for onward referral to the MSK hub.

https://midnottspathways.nhs.uk/guidance-pathways/orthopaedics-msk/msk-referral-hub/
Nottingham Treatment Centre Telephone – (Phone number changes)

- There are changes to the telephone numbers for the Nottingham Treatment Centre. The main Treatment Centre telephone number is 01159194477.
- The new telephone numbers are:

<table>
<thead>
<tr>
<th>Specialty</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Main Patient Line</td>
<td>0115 9194 477</td>
</tr>
<tr>
<td>Patient Light Therapy Help Line</td>
<td>0115 9709 316</td>
</tr>
<tr>
<td>Private Patients</td>
<td>0115 9709 318</td>
</tr>
<tr>
<td>PALS – Risk Assurance</td>
<td>0115 9709 319</td>
</tr>
<tr>
<td>Short Stay Unit</td>
<td>0115 9709 321</td>
</tr>
<tr>
<td>Stores and Procurement</td>
<td>0115 9709 323</td>
</tr>
<tr>
<td>Patient IBD Helpline</td>
<td>0115 9709 324</td>
</tr>
<tr>
<td>Patient Rheumatology advice helpline</td>
<td>0115 9709 325</td>
</tr>
<tr>
<td>Patient Line Colposcopy</td>
<td>0115 9709 326</td>
</tr>
</tbody>
</table>
Ophthalmology

Via e-Referral

- All referrals (with exception of red flags)
- Triage and onward booking will take place
- Urgent referrals will bypass triage and be booked directly into provider of choice.
- Please see Emergency Referral Guidance for urgent referrals that need to be discussed with the on-call ophthalmologist via KMH Switchboard (01623 622515).

https://midnottspathways.nhs.uk/guidance-pathways/ophthalmology/referral-guides/
Community Pain Management Clinic

Via SystmOne Referral

**Inclusion:**
- Patients with chronic pain (12 weeks or more) (including fibromyalgia)
- Patients with Chronic Fatigue Syndrome (CFS) / Myalgic Encephalomyelitis (ME)
- Patients over 16 years of age

**Exclusion:**
- Patients with suspected cancer or cancer related pain
- Patients with severe mental health conditions; addiction or substance misuse
- Patients with moderate-severe cognitive impairment
- Patients with red flags or who require a surgical opinion (e.g. suspected cauda equina syndrome)
- Patients who are undergoing medical investigation related to their pain.

https://midnottspathways.nhs.uk/guidance-pathways/pain-management/referral-guidelines/
Paediatric Musculoskeletal Referral Assessment Service

Via e-Referral

- A Paediatric Musculoskeletal Referral Assessment Service is now in place within Sherwood Forest Hospitals.
- All incoming musculoskeletal paediatric referrals will be reviewed by the team of Orthopaedic Paediatric Consultants prior to any appointment being made for the patient and then directed appropriately.
- This will involve patients either being booked into a Consultant clinic, redirected to a physiotherapy clinic or for certain conditions the patient will be discharged back to the GP with a rejection letter incorporating the website address and an information leaflet relevant to the patient’s condition.
- The service has been implemented with the aim to provide reassurance and referral indications for common conditions as a resource for GP’s with the aim of reducing the need for referral and minimising wait times for those who do require assessment.
Podiatry (excluding surgical podiatry)

Via SystmOne referral

Please ensure for Surgical Podiatry that all referrals go to the MSK hub for clinical triage and navigation to the most appropriate setting.

https://midnottspathways.nhs.uk/guidance-pathways/orthopaedics-msk/podiatry/
NHS Mid Notts MSK service is currently working with PhysioMed to offer patients, who are referred or who refer themselves to community MSK physio, an opportunity to try a new ‘self-care’ app that is available for smart phones, tablets and PC’s. This is part of the clinical pathway of care because a series of exercises may well improve a patients’ condition before they get to see a physio. The patients place on the waiting list will remain the same whether they choose to take part in the pilot or not.

Patients will be contacted by PhysioMed and will be asked if they want to take part. PhysioMed will have been given the patients name and telephone number so they can contact them. Nothing more and they DO NOT have access to any clinical or personal information. If a patient chooses not to take part, their information is destroyed.

If a patient agrees to take part, the information PhysioMed hold is destroyed as soon as they have completed using the app.

Rheumatology Advice Line

For Rheumatology, SFHFT has a Nurse Helpline used for accepting calls and urgent queries from Primary Care. For Rheumatology advice please call 01623 676002.
Social Prescribing Referrals

Via SystmOne referral

Please ensure referral form is completed and attached.

Allocated Mid Notts Social Prescribing Link workers per PCN

<table>
<thead>
<tr>
<th>PCN</th>
<th>Name</th>
<th>Email Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Newark</td>
<td>Amanda Wilson</td>
<td><a href="mailto:amanda.wilson5@nhs.net">amanda.wilson5@nhs.net</a></td>
<td>07387065337</td>
</tr>
<tr>
<td>Newark</td>
<td>Helen Gordon</td>
<td><a href="mailto:helen.gordon14@nhs.net">helen.gordon14@nhs.net</a></td>
<td>07387065338</td>
</tr>
<tr>
<td>Sherwood</td>
<td>Victoria Davis</td>
<td><a href="mailto:victoria.davis11@nhs.net">victoria.davis11@nhs.net</a></td>
<td>07387065340</td>
</tr>
<tr>
<td>Mansfield North</td>
<td>Helen Duszynski</td>
<td><a href="mailto:helen.duszynski1@nhs.net">helen.duszynski1@nhs.net</a></td>
<td>07387065341</td>
</tr>
<tr>
<td>Rosewood</td>
<td>Claire Haigh</td>
<td><a href="mailto:claire.haigh3@nhs.net">claire.haigh3@nhs.net</a></td>
<td>07387065343</td>
</tr>
<tr>
<td>Ashfield North</td>
<td>Sylvia Porter</td>
<td><a href="mailto:sylvia.porter3@nhs.net">sylvia.porter3@nhs.net</a></td>
<td>07387065344</td>
</tr>
<tr>
<td>Ashfield South</td>
<td>Louise Redhead –</td>
<td>TBC</td>
<td>07387065345</td>
</tr>
</tbody>
</table>

Social prescribing is an all-age model, but may be particularly beneficial for those:

- With one of more long term conditions
- Who need support with their mental health
- Who are lonely or isolated
- Who have complex social needs which affect their well-being.

https://midnottspathways.nhs.uk/guidance-pathways/referral-guidance-facilitation/social-prescribing/
Tele-dermatology

Via e-Referral

- Available for all patient within mid notts.
- Provided by Circle Nottingham.
- If your practice requires training please contact Katiejordan@nhs.net

https://midnottspathways.nhs.uk/guidance-pathways/dermatology/teledermatology/
Tissue Viability

Via SystmOne referral

- Updated referral forms are available for use and include guidance on the conditions seen and information required by the service.
- Please complete the referral form and save to the patient record.
- Then click ‘Send Tissue Viability’.
- Please make sure that the patient has given consent to share in and out their record and that the sharing settings have been set.
- Task recipient should be set to ‘TVN North’.

The Tissue Viability service accepts referrals for:

- Specialist assessment and advice on complex and non-healing wounds, or wounds with an unusual aetiology
- Advice on pressure ulcer preventative strategies
- Confirm and challenge category 3 and 4 pressure ulcers and deep tissue injuries (DTI’s) and support in the investigation processes
- Implement or advance specialist wound care treatments

https://midnottspathways.nhs.uk/guidance-pathways/dermatology/pressure-ulcers/
Voice Clinic

Via email to kmhvoiceclinic@nhs.net

- The voice clinic is held on the 3rd Thursday afternoon of each month.
- Referrals are accepted for the following conditions:
  - Hoarseness, dysphonia (change of voice) and related throat symptoms that are not suspicious of throat cancer.
  - Suspected vocal cord palsy
  - History of vocal abuse / misuse
  - Please complete the referral template and attach to email

https://midnottspathways.nhs.uk/guidance-pathways/ent/voice-clinic/
Ambulatory Clinics

**Sherwood Forest Hospitals Trust**

**Emergency Clinics**
An alternative to ED attendance and Non Elective Admission

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**ENT**
Clinic 8
Mon-Fri
9am-5pm

Call 01623 622515
(KMH switchboard)
For ENT SHO on call

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**General Surgery**
Mon-Fri
9am-5pm

Call 01623 622515
(KMH switchboard)
For on-call surgical

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**Paediatrics**
Ward 25
Mon-Fri
9am-5pm

Call 01623 622515
(KMH switchboard)
For on-call Paeds
**Further information**

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**Early Pregnancy Unit**
9am-5pm

Call 01623 622515
(KMH Switchboard)
Or Gynaecology on call
**Confirm Pregnancy**

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**Respiratory**
Mon-Fri
9am-5pm

Call 01623 622515
(KMH Switchboard)
For Respiratory on call
**Respiratory Hotline: 07813567456**

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**NEMS DVT Clinic**
PC24 at KMH - 01158462376
Newark Hospital – 01636681681
Unable to accept patients who:
- Have bilateral swelling
- Are under 18 years old
- Have chest pain or shortness of breath
- Are pregnant
- Are immobile

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**Ophthalmology**
Mon-Fri
9am-5pm

Call 01623 622515
(KMH Switchboard)
For on call
(Out of hours on call shared with Chesterfield)

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**TIA Clinic**
Use ABCD2 score for urgency
See Ardens Template
**GP Referral Form on Pathways website**
SFH - Weekday
NUH – Weekend

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**Rheumatology Nurse**
01623 622515 ext 2450