

Epilepsy Transition and Handover Pathway

SFH CYP Board, Jan 2020

Paediatrics

Transition

General Practice

Adult Services

*Paediatrics consider once 16 year and over.
Handover complete when appropriate for the young person*

Hospital based care
Adult Epilepsy Specialist Nurse, can see any young person in nurse-led clinic as part of ongoing paediatric care. The Adult transition nurse-led clinic runs parallel to Dr Dunkley's YP Epilepsy Clinic . Will aim to automatically see young person with epilepsy from 16 years and over .

School/Community based care
LD Epilepsy Specialist Nurse can see any young person with epilepsy >16 years and LD in ad hoc way as requested. Could be within paediatric clinic, special school, stand alone review.

Write to Lisa Flinton

Has the young person had any seizures in the last 12 months?

'Seizure freedom' for >12 months

Seizure(s) in last 12 months

Discharge handover to GP
Request GP to

- ensure ongoing review at least yearly
- refer to Epilepsy adult neurology if any future concern eg seizures, pre-pregnancy planning, AED problems.
- 3 Yearly bloods (Vit D, TFT, U&E, FBC, LFTs if on CBZ, VP or phenytoin
- Signpost to Epilepsy Action, Epilepsy Society

2 or less AEDs tried

*3 or more AEDs tried
OR Woman on Valproate*

Comprehensive referral to General Adult Neurology (KMH or Newark) via MDS
Paediatrics support in meantime if problems

Comprehensive referral to Epilepsy Adult Neurology (KMH or Newark) (eg Drs Lim, Giavasi, Singhal) via MDS.
Sometimes they will see in NUH first.
Paediatrics support in meantime if problems

Consider parallel referrals for all other **associated problems**