

INFORMATION FOR PATIENTS

Ear, Nose and Throat Department (ENT)

Joint Voice Clinic

You have been referred to the Joint Voice Clinic (JVC) for assessment as you have a consistent problem with the quality and production of your voice.

What is the Joint Voice Clinic (JVC)?

The JVC is a specialist clinic provided within the ENT service at King's Mill Hospital. The JVC is designed to provide a detailed assessment and examination of your vocal tract and larynx (voice box) to enable a specific diagnosis and appropriate treatment plan to be made.

Who will be present in the JVC?

You will be assessed in the clinic by an ENT consultant and a specialist speech and language therapist.

What will happen at the JVC?

Initially you will be asked to complete questionnaires about how your voice performs and the effects it has on your ability to function, as well as how your throat is feeling.

A detailed case history will be taken by the ENT consultant and the speech and language therapist.

You will be examined using a Nasendoscope. This is a camera which is placed through your nose and then bends to shine a light above your larynx (mild anaesthetic can be applied to the nose if required).

The examination is videoed and involves you making sounds and saying short sentences as well as trialling some voice therapy techniques. This takes up to 10 minutes.

What happens after the examination?

The video will be viewed together and the following will be discussed:

- The health of the throat and voice box.
- The presence of abnormal muscle movements being used.

A management plan will be determined through joint discussion between you, the ENT consultant and the speech and language therapist.

You will receive a copy of the JVC report.

Contact details

If you need further information about your appointment, please contact the ENT team secretaries via switchboard. The telephone number is 01623 622515.

Further sources of information

NHS Choices: www.nhs.uk/conditions

Our website: www.sfh-tr.nhs.uk

Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

King's Mill Hospital: 01623 672222

Newark Hospital: 01636 685692

Email: sfh-tr.PET@nhs.net

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email sfh-tr.PET@nhs.net.

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email sfh-tr.patientinformation@nhs.net or telephone 01623 622515, extension 6927.

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