



Greater Nottingham
Clinical Commissioning Partnership

NHS Nottingham West CCG
1 Standard Court, Park Row, Nottingham, NG1 6GN
Tel: 0115 845 4545
Website: www.nottinghamcity.nhs.uk

Our Ref: CR/280220

Date: 28 February 2020

Dear GP/Practice Manager

Re: Adult ADHD Referral Criteria Clarification

We are writing to clarify current commissioning arrangements and the referral criteria in relation to adults requiring an Attention Deficit Hyperactivity Disorder (ADHD) assessment and diagnosis.

From 1 March 2020, Nottinghamshire Healthcare NHS Foundation Trust (the Trust) will no longer accept referrals for adults with a sole presentation of ADHD, including those transitioning from children and young people's services or prisons. For people with this sole presentation, the Trust will not provide assessment, diagnosis, prescribing, medication re-initiation, annual review or care management. Patients previously referred and currently being held on Local Mental Health Teams (LMHTs) waiting lists, and their referrers, will be notified from 1 March 2020.

The Trust will continue to provide support where people do meet the criteria for accessing the Trust's core and commissioned learning disability and adult mental health services, who have a co-existing presentation of ADHD.

For patients currently receiving treatment for ADHD only (i.e. who do not meet the criteria for accessing secondary mental health services) within the LMHTs, from 1 April 2020 the Trust will review these on a case by case basis with the aim of discharging these patients to Primary Care by 30 June 2020. The Trust will notify the original referring GP and the patient.

To clarify, the above does not reflect a change in commissioning as the Trust have not previously been commissioned to offer assessment and diagnosis of adults with a sole presentation of ADHD. However, we are aware of the commissioning gap around ADHD for adults who do not have a serious mental illness or learning disability and the immediate issue this clarification presents to Primary Care without a commissioned service or Shared Care Protocol in place.

The CCG is committed to improving the access of ADHD assessment and treatment for adults and the Area Prescribing Committee (APC) is working to provide support to GPs in the interim around prescribing and monitoring guidance, whilst partners prioritise work to agree and commission an appropriate pathway for all adults with ADHD.

If you have any questions or concerns regarding this, please feel free to raise these on e-healthscope via the 'general discussion including commissioning issues' forum and the Mental Health and Learning Disability Team will respond accordingly.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Maxine Bunn', written in a cursive style.

Maxine Bunn
**Associate Director of Commissioning, Contracting and Performance – Mental Health,
Learning Disabilities and Community Services, Nottinghamshire CCGs**

CC. Gary Eves, Head of Mental Health, Learning Disabilities & Children's Commissioning

Charlotte Reading, Deputy Head of Mental Health & Learning Disabilities
Commissioning