

What is new this month?

Updates / Reminders on the latest pathways

August 2019

Ophthalmology - Cataracts Capacity Alerts

- Sherwood Forest Hospitals NHS Foundation Trust currently has significant capacity constraints in the Ophthalmology Department, which have created considerable backlogs of patients on waiting lists.
- The Trust is struggling to manage the volume of referrals, and this can cause a delay to patients.
- Capacity alerts have been switched on within e-Referral to identify other local providers.

▼ Patients are likely to receive treatment within 18 weeks at the following service(s):

Select	Miles	Appointment Type	Service Name	Indicative Appointment Wait	Indicative Treatment Wait	Directly Bookable	Referrer Alert	Link to NHS Choices	Location
<input type="checkbox"/>	12	First outpatient	Adult ONE STOP Cataract Service NHS Clinic-Woodthorpe Hospital- NVC	45 Days	14 weeks	Yes			WOODTHORPE HOSPITAL
<input type="checkbox"/>	12	First outpatient	Adult Cataract NHS Clinic- Woodthorpe Hospital- NVC	54 Days	14 weeks	Yes			WOODTHORPE HOSPITAL
<input type="checkbox"/>	17	First outpatient	Cataract Clinic - Ophthalmology - Spire Nottingham Hospital - NT30A	18 Days	17 weeks	Yes			SPIRE NOTTINGHAM HOSPITAL

▼ Below are other services that meet your criteria.

Patients are unlikely to receive treatment within 18 weeks at services highlighted as "Limited Capacity".

Select	Miles	Appointment Type	Service Name	Indicative Appointment Wait	Indicative Treatment Wait	Directly Bookable	Referrer Alert	Link to NHS Choices	Location
<input type="checkbox"/>	2	First outpatient	Ophthalmology Cataract Clinic - King's Mill Hospital - SFHPT - RKS	Limited Availability	LIMITED CAPACITY	Yes			KING'S MILL HOSPITAL

- Please continue to refer via HealthHarmonie and in-line with the Restricted Policy for Cataract Surgery. However please advise patients of the capacity alert at SFH and encourage them to consider alternative providers when contacted by Health Harmony.

Continence Clinic

- Referrals to the continence clinic can now be made via SystemOne referral.

Routine | Prior Approvals | Derm | Gynae | MSK | IPR | AHVS | Referral Directory | Page 2 | Private | Letters | Best

Referral Directory Page 1

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Clinics

- Ambulatory Clinic
- Anticoagulation Clinic
- Echo / 24 Hour ECG
- Fertility Clinic
- Health Harmonie NOUS
- Home Oxygen Assessment
- Home Oxygen Consent & H...
- Memory Clinic M&A
- Microsuction Roundwood
- Microsuction Willowbrook
- Neurological Outpatient Ther...
- Pre Op Clinic Questionnaire
- Pulmonary Rehab Clinic
- Specialist Continence Referral
- Send Specialist Continence**

Diabetes

DESMOND

Select 'DESMOND' as task recipient

- DESMOND - For When No C...
- Diabetic Eye - Exclusion
- Diabetic Eye - Screening
- Diabetic Pregnancy Eye Scr...
- Diabetic Foot Clinic
- Diabetes Service (High Point)
- NDPP Diabetes Prevention
- Notification of Diabetes Res...

Learning Disabilities

- Brighter Futures Referral
- ICATT-LD Referral
- Learning Disabilities Specialist
- Learning Disabilities Team

Lifestyle

- ChangePoint Weight Manage...
- Debt Advice Information
- Everyone Active - Ashfield
- ENGAGE Exercise Class
- Food Bank Referral
- 'GP Active' Exercise Referra...
- Health and Work Service Re...
- Nutrition and Dietetics Referral
- Send Nutrition and Dietetics Referrals North
- Task recipient must be Dietetics Referrals North
- Reach Fitness Referral
- Reactiv8 Referral
- SmokefreeLife - Nottinghams...
- Weight Management - Tier 3
- Wheelchair Referral

Chronic Headache Pathway

- A new pathway across the ICS for headaches was launched on the 23/08/19.
- The Neurology Service provided by NUH (who also provide the service at KMH and Newark Hospital sites) currently sees 100 or more headache patients each month. The vast majority are migraine and treatment is standardised, and can be managed with medication advice.
- NUH are introducing a system of Consultant triage of referrals, so that patients who previously would have been seen in a face to face appointment will now have their referral reviewed by a Consultant (in a “virtual clinic”) which will lead to an outcome of either a written management advice letter back to the GP and patient, or, (for cases where the Consultant feels it is warranted), an outpatient appointment in a neurology clinic will be made.
- This has been commissioned for a 6 month pilot with a full audit at 3 months.
- Headaches with papilloedema or headaches associated with persistent or developing neurological deficits should not be referred through this pathway and should go to eye casualty/A&E or be referred to the acute neurology team by contacting the on call consultant at QMC.
- **For referrals please complete the headache referral form. This can be found under Referral directory page 2 in Ardens:**
- **Any referrals received not on this template will be rejected and unread.**
- **Please book into the referral assessment service via e-Referral.**



Select	Miles	Appointment Type	Service Name	Indicative Appointment Wait Ⓢ	Indicative Treatment Wait Ⓢ	Directly Bookable
Send for Triage	18	Triage Service	HEADACHE RAS	N/A	15 weeks	N/A

- For further information on the pathway please see:
<https://midnottspathways.nhs.uk/guidance-pathways/neurology/chronic-headache-pathway/>

Chatsworth Neurological Rehabilitation Centre

- Chatsworth Centre (previously called Chatsworth ward) accepts referrals into their bedded unit for intense rehab for up to 6 weeks.
- Please refer patients via Call for Care option 1.
- If you are unsure whether your patient meets the criteria please contact Tom Hunt, Ward Leader on 0115 8440536 / 07966379689. Email: anthony.hunt@nottshc.nhs.uk
- For further details and information on the referral process for the rehabilitation of patients with long term neurological conditions please see here:
<https://midnottspathways.nhs.uk/guidance-pathways/neurology/neurological-rehabilitation/>

Call for Care

- During times of high demand for Call for Care, please leave a message on the answer phone with a direct telephone number.
- Your call will be returned as soon as possible and definitely within 2 hours.
- Please do not telephone repeatedly as this causes delays in answering the messages that have been left.

Salaried Dental Services for Special Care Patients

- Please ignore the previous communication on community dentistry – it has been found that the information was incorrect.
- **Referrals to the Nottinghamshire Salaried Dental Service for Special Care Patients:**
- Although GPs can refer Nottinghamshire Healthcare trust would prefer referrals to come from dentists who have an idea of the treatment needed.
- Where possible patients should have an examination with a routine dentist who can then refer with a treatment plan having done a dental assessment.
- There are also alternative pathways for extractions under sedation which only dentists have access to refer to.
- Referrals must be made on the grounds of clinical needs and meet the criteria.
- For the inclusion criteria please see [here](#).
- For referrals please complete the referral form which can be found [here](#).
- **Completed referral forms to be emailed to:** not-tr.nottinghamsspecialneedsdentalreferrals@nhs.net
- For any queries or further advise please call 0115 9935540 and a senior clinician will contact you to discuss the case.
- Further information on the service can be found at:
<https://www.nottinghamshirehealthcare.nhs.uk/salaried-dental-health-professionals>
- The community dental team have a huge demand with a waiting list in place so if these patients can be managed in general dental practice it will help to protect their capacity for those in most need.

MSK Pathways

- The MSK hub team have been working with medical colleagues to review the clinical pathways used in the hub. The guidelines are based on NICE guidance and National best practice.
- It was agreed that this would be useful to share with primary care colleagues to see what rationale has been used to make clinical decisions.
- GPs can use to help with any decision making.
- [MSK Back Pathway](#)
- [MSK Elbow Pathway](#)
- [MSK Foot / Ankle Pathway](#)
- [MSK Hip Pathway](#)
- [MSK Knee Pathway](#)
- [MSK Shoulder Pathway](#)