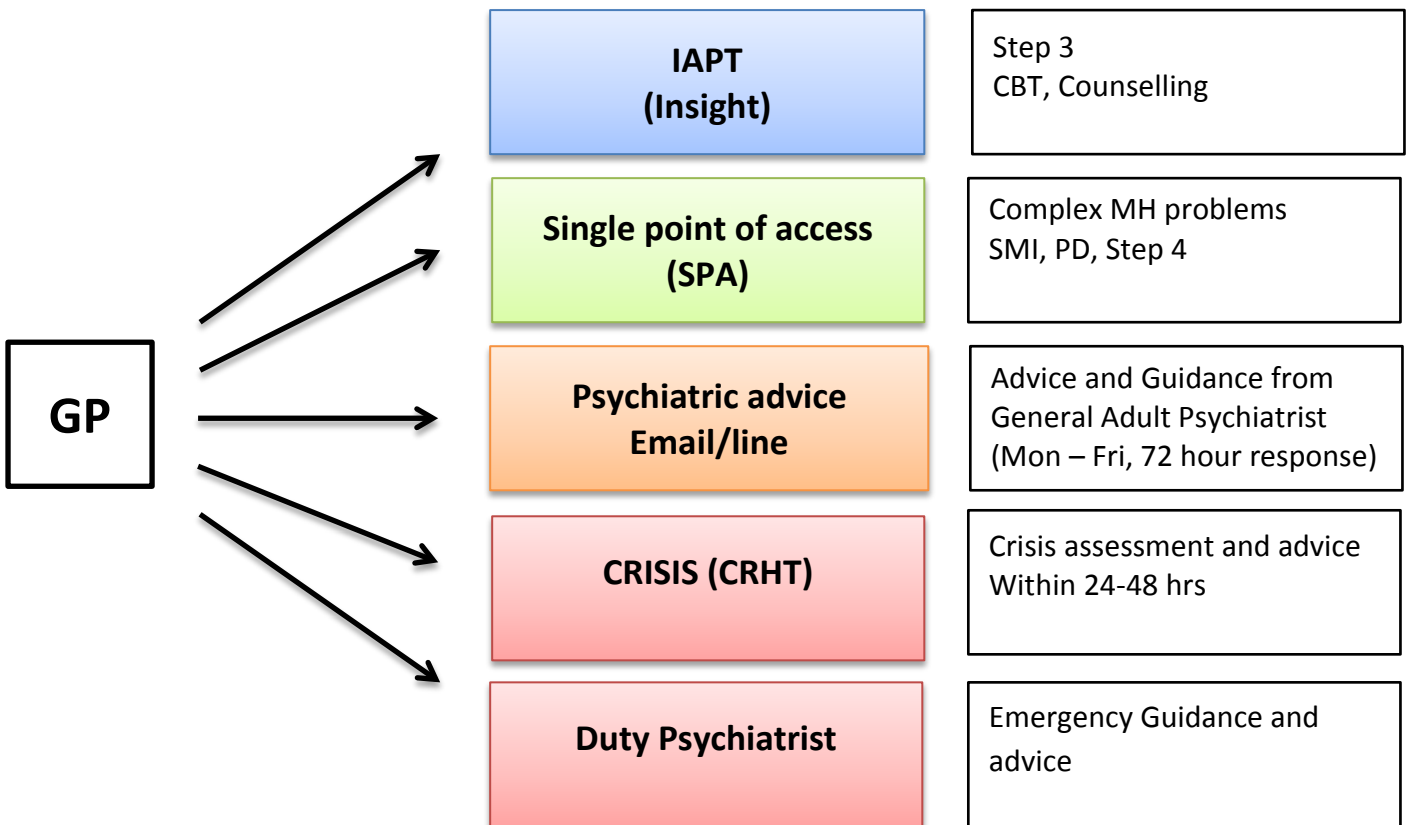


ADULT MENTAL HEALTH PATHWAY



Contact Details and Routes of Referral

IAPT	0300 555 5582 east.midlands@insighthealthcare.org
MH SPA	E-referral 0115 956 0834
Advice line / email	GPsAdviceLine@nottshc.nhs.uk
Crisis	0115 956 0860
Duty Psychiatry	0115 969 1300