

GP Advice for Adult Psychiatry - Mid Notts

Advice and Guidance from General Adult Psychiatrist

Monday to Friday
18-65 year olds only

Email: GPsAdviceLine@nottshc.nhs.uk

for a response within a working 72 hour period [accounting for weekends]

This is for direct communications with a General Adult Psychiatrist for new patients and patients **not** currently open to secondary mental health services.

Includes

- 18-65 years old
- Psychiatric issue
- Not open to mental health services
- Quick advice from Psychiatrist
- Sign posting
- Medication Advice

Excludes

- Under 18 (CAMHS)
- Over 65 (MHSOP)
- Intellectual Disability
- Forensic
- Pregnant (Perinatal)
- Referrals into LMHTs
- Drug and Alcohol Issues

Please Note – The GP Advice and Guidance Email for Adult Psychiatry is for advice from General Adult Psychiatrist and **not for routine / urgent referrals** which should still be referred through the Single Point of Allocation (SPA) Meeting.

*If there are concerns about **imminent risk**, please contact the Crisis team in Mid-Notts on **01159560860** [24hrs]*