



On the 4 March 2019 the new community pain management service will be launched offering patients the option of appointments at community centres or GP surgeries. The new provider is Primary Integrated Community Services Ltd (PICS). PICS currently provide the same service in south Nottinghamshire and Newark & Sherwood, which means patients can access services at many locations across the county as well as in their local community. The service is for GP practices within Newark & Sherwood and Mansfield & Ashfield CCGs. **Please refer all eligible patients to this service from 4 March.**

### Why refer to PICS Community Pain Pathway?

PICS delivers exceptional consultant and nurse led community services. PICS won the contract to provide the community based pain pathway for patients with spinal, other persistent pain conditions and also chronic fatigue syndrome.

### Who can be referred?

- ◆ Patients with chronic pain (12 weeks or more) (including fibromyalgia)
- ◆ Patients with Chronic Fatigue Syndrome (CFS) / Myalgic Encephalomyelitis (ME)
- ◆ Patients over 16 years of age

### Exclusion criteria

- ◆ Patients with suspected cancer or cancer related pain
- ◆ Patients with severe mental health conditions; addiction or substance misuse
- ◆ Patients with moderate-severe cognitive impairment
- ◆ Patients with red flags or who require a surgical opinion (e.g. suspected cauda equina syndrome)
- ◆ Patients who are undergoing medical investigation related to their pain

### How do I refer?

Please refer via the Ardens Button for Pain in SystmOne—as detailed in the screen shot overleaf.

### What happens next?

On receipt of the referral to PICS administration,

- The referral will be triaged by a Specialist Pain Clinician.
- Correspondence including our contact details will be sent to the patient informing them that they have been referred to PICS Pain Pathway and that a member of the PICS administration team will be contacting them shortly.
- PICS administration will contact the patient to arrange their initial appointment with the specialist, following the triage decision, at a site accessible to the patient. Patients will be able to access a wider number of locations across Nottinghamshire.
- A letter informing of the outcome of the initial appointment will be emailed to you, their GP and also a copy of the letter will be sent to the patient including an individualised treatment plan. For users of SystmOne, this outcome information will also be available on the tabbed journal of the patient record.

**If you have any queries please contact the PICS administration team contact on :-  
[03000 830 000 option 1](tel:03000830000)**

# Referral Process:

Communications - M&A and N&S CCG

Home Admissions 2ww & Urgent Routine Prior Approvals Derm Gynae MSK IPR Referral Directory Private Letters

## MSK Referral

ardens  
help & feedback

Please note that the MSK Hub is an elective care service. Conditions requiring emergency treatment, for example spinal cord compression or new fractures, should be referred directly to the appropriate service.

Sharing Arden's Ltd - Record Sharing EDSM view cannot be shown when Record Sharing

**MSK Hub**

1.  Referral Criteria  Minimum Data Set (if surgery likely) Current specialties: Orthopaedics, Rheumatology, Pain
2.  Write Letter - Last 1 Consultation  Write Letter - Last 3 Consultations  Write Letter - Last 5 Consultations Letter must be saved to the record
3.  New Referral Review Task  Referral Review [Further information](#)
4.  Refer to Community MSK Select GP MSK triage as task recipient

**Pain Management**

1.  Pain Service Referral Letter  Refer to Community Pain Service
2.  CFS Referral Letter  Refer to Chronic Fatigue Service

**Physio**

1.  Write Letter  Self Referral
2.  Refer to Community Physio Select GP Physio triage as task recipient

**Podiatry**

1.  Refer to Podiatry NottsHC

**Podiatry Criteria**

- We accept Nail Surgery referrals - these do not need to be referred to Podiatric Surgery
- All Diabetic foot **ULCERATION** should be referred to MDT foot clinic at Kingsmill Hospital or Dundee house
  - Referrals to Clinic 5, Kings Treatment Centre, Mansfield, Diabetes MDT [sfn-tr.DiabetesFootClinic@nhs.net](mailto:sfn-tr.DiabetesFootClinic@nhs.net)
  - Referrals to Dundee House, City Hospital, Nottingham, Diabetes MDT [NUHNT.diabetesfootreferrals@nhs.net](mailto:NUHNT.diabetesfootreferrals@nhs.net)
- We do not provide treatment for simple/social nail care
- We do not provide treatment for fungal nails
- We do not provide treatment for verruca
- Please highlight high risk comorbidities such as Diabetes and PVD

Information Print Suspend Ok Cancel Show Incomplete Fields