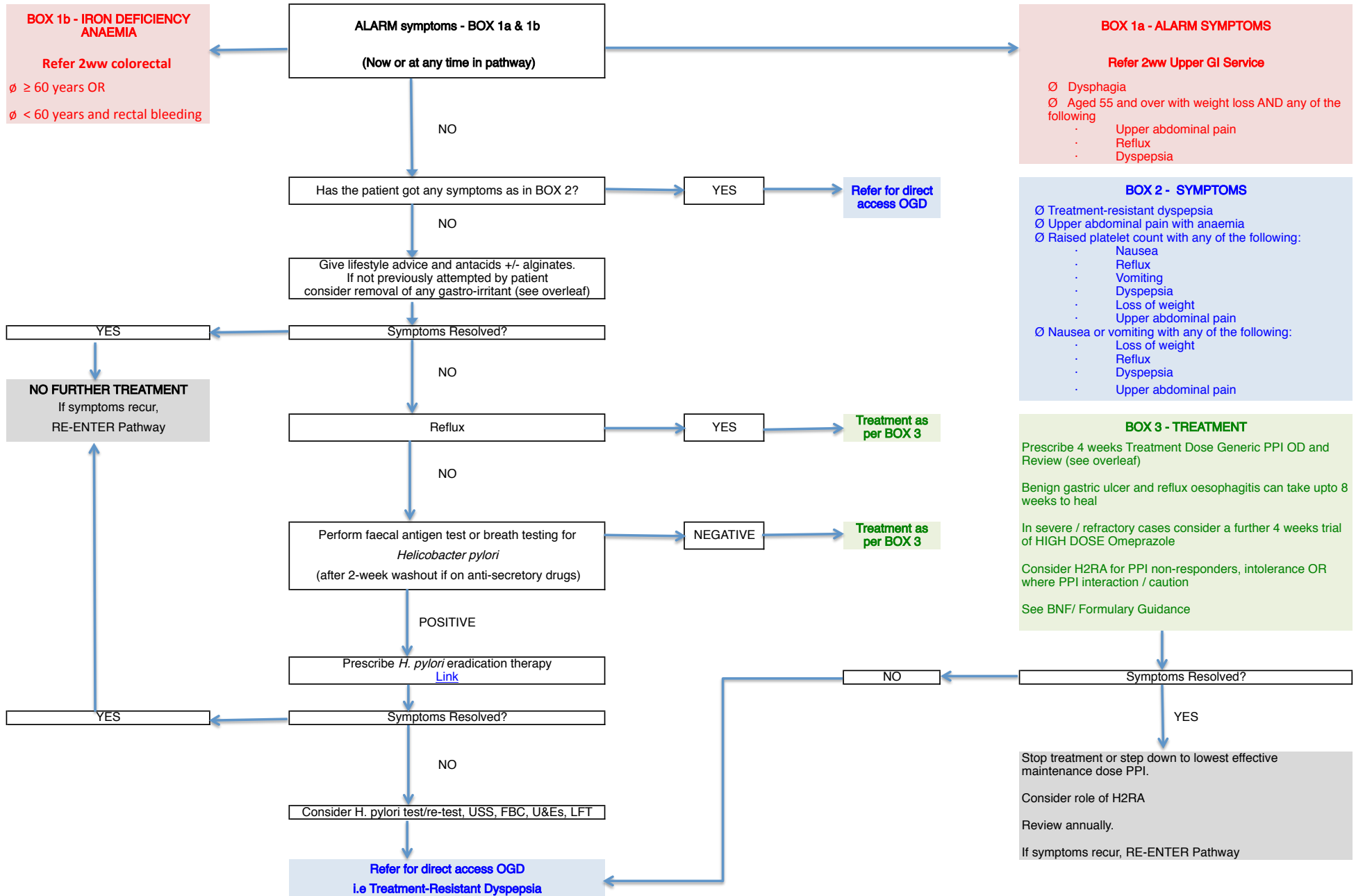


Mid Notts Dyspepsia Care Pathway

Patient presents with new or repeat dyspepsia-type symptoms (see Guidance Notes)



BOX 1a - ALARM SYMPTOMS

Refer 2ww Upper GI Service

- ø Dysphagia
- ø Aged 55 and over with weight loss AND any of the following
 - Upper abdominal pain
 - Reflux
 - Dyspepsia

BOX 2 - SYMPTOMS

- ø Treatment-resistant dyspepsia
- ø Upper abdominal pain with anaemia
- ø Raised platelet count with any of the following:
 - Nausea
 - Reflux
 - Vomiting
 - Dyspepsia
 - Loss of weight
 - Upper abdominal pain
- ø Nausea or vomiting with any of the following:
 - Loss of weight
 - Reflux
 - Dyspepsia
 - Upper abdominal pain

BOX 3 - TREATMENT

Prescribe 4 weeks Treatment Dose Generic PPI OD and Review (see overleaf)

Benign gastric ulcer and reflux oesophagitis can take upto 8 weeks to heal

In severe / refractory cases consider a further 4 weeks trial of HIGH DOSE Omeprazole

Consider H2RA for PPI non-responders, intolerance OR where PPI interaction / caution

See BNF/ Formulary Guidance

Stop treatment or step down to lowest effective maintenance dose PPI.

Consider role of H2RA

Review annually.

If symptoms recur, RE-ENTER Pathway