

Brief Intervention Training

♥ Everyone Health is providing FREE county-wide training opportunities for 'frontline' health and social care staff to support you to raise the issue of obesity with patients, and provide information about access to, and availability of obesity prevention and weight management services for your patients.

Training topics include:

- ♥ Healthy eating
- ♥ Physical activity
- ♥ Weight management
- ♥ Motivational interviewing
- ♥ Child weight management (Online)

For any queries, more information or to book a free 3-hour training course for your organisation please contact your district Health Coach, Jess Slater via:
07802873218 / jessicaslater@everyonehealth.co.uk

