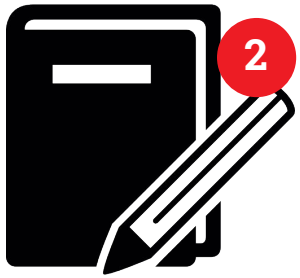
24 Hour Tape (Holter) - Patient's Instructions

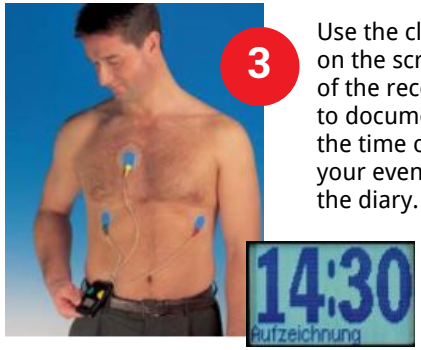
1

If you experience symptoms, press either the green or yellow "Patient Event" button on the front of the recorder



2

Make a note of the time, date, symptoms and activity of the event in the diary on the opposite side of this page.



3

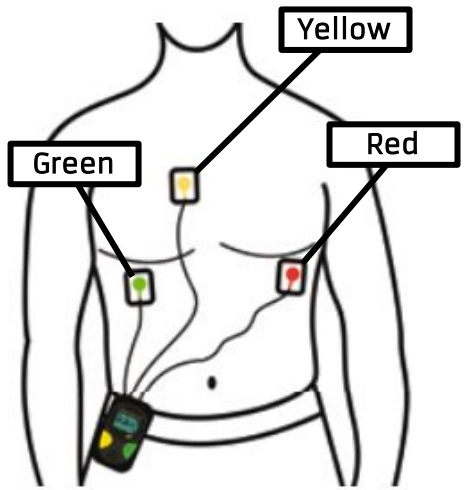
Use the clock on the screen of the recorder to document the time of your event in the diary.

IMPORTANT

- Carry out your normal daily routine
- Do not open the recorder
- Do not bathe or shower whilst wearing the recorder
- For any questions you have about the device, or for any technical device support please contact Broomwell Healthwatch:

  (0161) 236 0141

LEAD PLACEMENT DIAGRAM



Date:

Patient Name:

Surgery Name:

DATE	TIME	AM/PM	SYMPTOMS	ACTIVITY (What were you doing?)
EXAMPLE 01/01/2016	11:30	AM	Palpitations	Walking for the last 15 minutes