

# Sherwood Rehabilitation Team



Sherwood Forest Hospitals **NHS**  
NHS Foundation Trust

Our address is:

Sherwood Rehabilitation Team  
Rehabilitation Suite  
Mansfield Community Hospital  
Stockwell Gate  
Mansfield  
NG18 5QJ

If you have any questions or  
want to contact us,  
our telephone number is:

**01623 785122**

**Quality** *for all* **Communicating and working together**  
**Aspiring and improving**  
**Respectful and caring**  
**Efficient and safe**

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# Sherwood Rehabilitation Team



At Mansfield  
Community  
Hospital

# What do we do?

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Sherwood Rehabilitation Team is based at Mansfield Community Hospital.

The Rehab Team offer support from physiotherapy and occupational therapy staff.

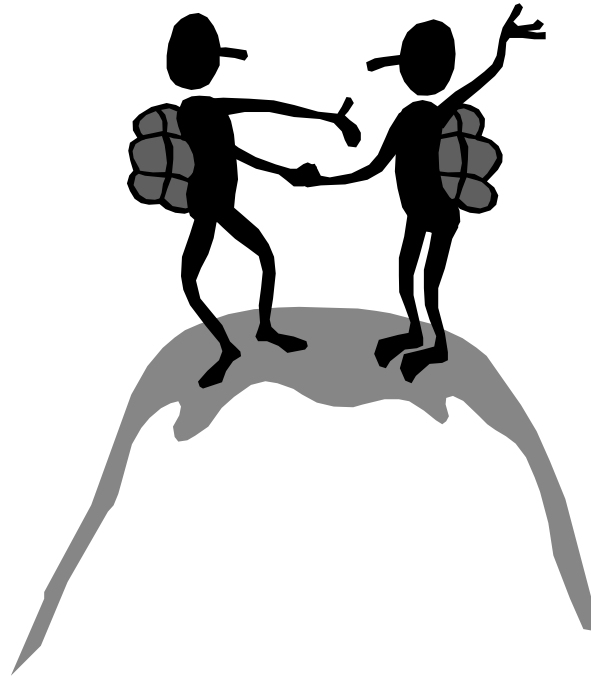
Our aim is to promote your independence.

We will complete an assessment and discuss your abilities and problems. You may be seen at home or invited to an outpatient appointment.

A programme of treatment and rehabilitation may be agreed with you, as appropriate

After your initial visit, you may be invited to attend as an outpatient for a course of treatment, usually a weekly appointment for approximately 6—8 weeks.

This will depend on what level of rehabilitation is required.



We hold treatment sessions Monday to Friday. This can be either a morning or an afternoon session. After completing a course of treatment, you may be given a short break, and offered a re-assessment appointment to review your progress.

We may be able to help with exercise therapy, pain management, equipment, aids and adaptations to help with daily tasks.

We are also able to refer to other agencies in the community if this is required, and we work closely with other services such as Orthotics, Wheelchair Services, Mansfield and Ashfield Falls Team, Intermediate Care Schemes and Social Services.

