



2 Red Flags

Quick info:

History of or suspected malignancy:

- investigate and refer as appropriate
- consider red flags of unexplained weight loss, night pain and high inflammatory markers.

Suspected fracture, dislocation, or infection:

- refer to ED

Acute Cervical Myelopathy or multi-level neurological signs:

- refer to neuro-surgery

Vascular disorders of the carotid or vertebral arteries:

- refer to the vascular service

Suspected inflammatory condition:

- investigate and refer to Rheumatology

6 Management

Quick info:

Management:

- Reassure patient
- Recommend simple range of movement exercises
- Encourage maintaining function
- Consider analgesia
- Self Help/Patient Information

7 Management

Quick info:

Management:

- Consider medication management as outlined in supporting information.
- Only consider x-ray if clinically indicated