

GUIDELINES FOR REFERRAL FOR PODIATRIC SURGERY

Indications for assessment or treatment with the Podiatric Surgery team

- Hallux Abducto Valgus (HAV) or 'bunions'
- Hallux Limitus/Rigidus
- Hammer/Mallet toe or any other digital deformities
- Tailors Bunion
- Metatarsalgia
- Traumatic injuries of the foot
- Chronic recalcitrant foot pain
- Painful skin lesions (only if community podiatry fails)
- Nail disorders (only if community podiatry fails)
- Sesamoid Pain
- Subungal Exostosis
- Intermetatarsal Neuroma or traumatic neuroma
- Painful Haglunds deformity
- Painful Accessory Ossicle
- Osteochondrosis
- Osteoarthritis of foot Joints
- Soft tissue lumps and bumps
- Tendon disorders of the foot & lower leg
- Previous foot surgery with complications
- Diabetes related foot disease

Contra-indications for day case surgery

- Unstable systemic diseases
- Peripheral vascular disease
- Lack of postoperative support
- Unstable Psychiatric disorders
- Severe acute anxiety
- Recent or unpredictable drug or alcohol abuse
- Anti-coagulant therapy with INR>3
- Consider referral to NUH when GA or IV sedation is requested.
- Consider referral to NUH if Inpatient care is required.