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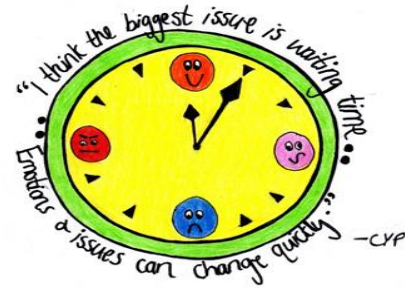
CAMHS Crisis Service



What?

The Child and Adolescent Mental Health Service (CAMHS) crisis team will be a service for young people under 18 years of age who are experiencing a mental health crisis.

The service will operate from 8am-10pm weekdays and 10am-6pm weekends.



The service will provide urgent (within 4 hours) assessment of a young person experiencing a mental health crisis in the community.

The service will provide intensive home treatment to young people who would be at risk of psychiatric admission without this level of support.

The service will offer in-reach support to young people who are admitted to a psychiatric unit to expedite safe discharge.

Why?

It has long been known to staff within CAMHS and people external from CAMHS that more than a Monday-Friday 9-5 service is needed in order to support young people experiencing a mental health crisis.

Two key government papers:

Future in Mind

- Promoting, protecting and improving our children and young people's mental health and wellbeing

Aspiration 6 of the government's aspirations for mental health care for children and young people is "Improved care for children and young people in crisis so they are treated in the right place at the right time and as close to home as possible"

Mental Health Crisis Care Concordat

Identified the need to improve access and generate new models of working for children and young people

"Children and young people with mental health problems, including children in care, care leavers, and those leaving custody in the youth justice system, should feel supported and protected at all times as they are especially vulnerable. In particular, this group should have access to mental health crisis care."

When?

The service will start in the beginning of January 2016

Who?

The service will be staffed by crisis practitioners, clinical nurse specialists, a non-medical prescriber, a social worker, a consultant psychiatrist (still to be appointed) and a team lead.



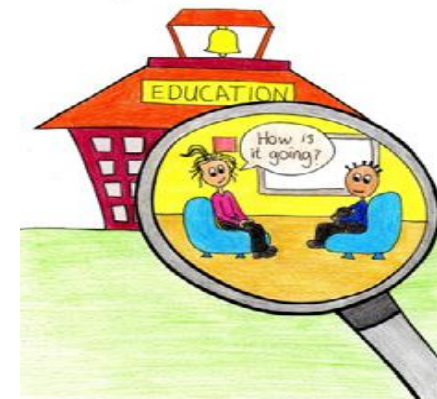
Where?

The service will cover Nottingham city and Nottinghamshire County.

There will be a 'hub' in the north located with adult mental health services in Worksop and Mansfield, also covering Ashfield, Newark and Sherwood

There will be a 'hub' at the adolescent unit and some space with the paediatric liaison service at Queens Medical centre

Appointments can be offered in clinics, hospitals, home, schools and other community settings



How?

Referrals will be made to the CAMHS single point of access (SPA) based at Thorneywood Unit currently. Referrals can be made by any professional in contact with the young person (e.g.-school nurse, teacher, GP)

The SPA will triage all referrals and urgent referrals will be directed to the crisis service for an urgent response

Examples of difficulties that may need a crisis response would include:

- A young person experiencing a significant mental illness that has caused drastic loss of functioning,
 - For example a young person experiencing obsessional thoughts and compulsions that mean they are unable to attend to their hygiene, dietary, toileting, social and education needs.
- A young person experiencing intense psychological distress who has suicidal thoughts, with the intent to act of these thoughts by a suicide attempt.

If you are unsure of how urgent a referral may be you are able to contact the SPA for advice, they will be able to gather information and pass the referral on to the most appropriate team. We have created the SPA to make the referral process easier so that young people can receive the right support, in the right place and at the right time.

