

What ailments are covered by Pharmacy First?

- Athlete's foot
- Conjunctivitis
- Constipation
- Diarrhoea
- Earache
- Fever/temperature
- Hay fever
- Haemorrhoids
- Head lice
- Insect bites and stings
- Sore throat
- Teething
- Toothache
- Threadworm
- Vaginal thrush
- Warts and verrucas

Where can I access Pharmacy First?

You can access the service at most community pharmacies. Look for the Pharmacy First logo or ask at the counter.

What if I don't want to use Pharmacy First?

If you do not want to use the service you should consult your doctor or nurse in the usual way, you may need to make an appointment.



NHS 111 Service

If you want to access health advice when your practice and your pharmacy are unavailable, you can telephone NHS 111 who are available 24 hours a day. Trained staff and nurses will be available to help you over the telephone. Calls are free from landlines and mobile phones.

This information is available in different languages and formats.

NHS
England



Pharmacy First



Got a minor ailment? Go to the
pharmacy first



What is Pharmacy First?

Pharmacy First offers you the chance to see your pharmacist without an appointment and if necessary, get the same medicines your doctor would have given you for the problems.

Your pharmacist is a qualified healthcare professional who can help with your health problems.

What is a Minor Ailment?

A minor ailment can be an illness or condition that affects your health, but which can be easily treated.

Can I join Pharmacy First?

Yes, if you are registered with a doctor in Nottinghamshire and you are exempt from paying prescription charges or hold a valid prescription prepayment certificate.

If you pay for your prescriptions, the pharmacist will still be able to help you, but you will need to pay for any medicines supplied.

No treatment can be provided for babies under 3 months old. Babies under 3 months old should always be treated by your family doctor. If in doubt check with your pharmacy



How does Pharmacy First Work?

Registration

A member of the pharmacy team will ask:

- Are you registered with a doctor in Nottinghamshire?
- Are you exempt from paying prescription charges or hold a valid prescription prepayment certificate?

If you answered yes to the questions above you are eligible to use the service.

Consultation

You will talk with a pharmacist and if needed you will be given the same medicine you would have received if you had seen your doctor.

You will also be given advice on how to manage your minor ailments.

Once you have registered you can use Pharmacy First whenever you need advice for ailments covered by the service.