

positive

Community Learning Disability Directorate

Directory of Services

March 2010

Positive about Involvement

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Head Office: The Resource, Duncan Macmillan House, Porchester Road, Nottingham NG3 6AA
Chair: Professor Clair Chilvers, Chief Executive: Mike Cooke

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Management and Administration:-





General Manager:	Debbie Abrams	Contact Number: 01623 785480
Matron:	Paul Theed	Contact Number: 0115 9770000 ext 12140





Ward/Department	Description of Services	Admission Criteria	Telephone Contact
<p>Management and Administration 70 Portland Street Kirkby in Ashfield Nottinghamshire NG17 7AG</p> <p> 01623 785485</p> <p> 01623 785483</p>	<p>Management, Medical, Professional, and administration staff base.</p>	N/A	<p>General Manager Debbie Abrams 01623 785480</p> <p>Consultant Psychiatrist Dr H Zaki 01623 785491</p> <p>Sally-anne Redhead Integrated Service Team Leader 01623 785489</p> <p>Allison Malcolm Professional Lead Community Nursing 01623 785490</p> <p>Carol Tucker Professional Lead Physiotherapy 01623 785461</p>
<p>Management and Administration Dept. of Learning Disabilities (DoLD) Highbury Hospital Highbury Road Bulwell Nottingham NG6 9DR</p> <p> 0115 977 0000</p> <p> Admin Office 0115 854 2276</p> <p> Med Secretary's 0115 854 2201</p>	<p>Management, medical Staff (South), psychology (South), and admin base.</p>	N/A	<p>Clinical Director Dr Richard Lansdall- Welfare ext: 12148</p> <p>Consultant Psychiatrists Dr Peter Cutajar ext: 12142</p> <p>Dr Jo Jones ext: 12152</p> <p>Dr Deval Bagalkote ext: 12139</p> <p>Service Team Leader Assessment & Treatment Shirley Lavender ext: 12143</p> <p>Matron/Clinical Governance Coordinator Paul Theed Ext: 12140</p> <p>Lead Consultant Clinical Psychologist Dr Jennifer Clegg Ext: 12146</p>

Locked Rehabilitation Unit – Alexander House



Service Manager: Martine Lascelles Contact Number: 01623 404621			
Ward/Department	Description of Services	Admission Criteria	Telephone Contact
Alexander House Mansfield Community Hospital Stockwell Gate Mansfield Nottinghamshire NG18 5QJ  01623 404621  01623 404622	Rehabilitation of offending behaviours, including individuals who have been presented to court. Index offences include: Arson, sex offending, physical aggression / assault.	<ul style="list-style-type: none"> • Adult Males • Learning disability high dependency / low secure needs. • Detained under the Mental Health Act 1983. 	Team Leader Martine Lascelles 01623 404621



Assessment and Treatment Units

Team Leader: Shirley Lavender Contact Number: 0115 9770000 ext 12143			
Ward/Department	Description of Services	Admission Criteria	Telephone Contact
Assessment & Treatment Unit (ATU) Highbury Hospital Highbury Road Bulwell Nottingham NG6 9DR  0115 854 2251 or 0115 977 0000 ext. 12053  0115 854 2252	Short term Admission to ascertain and develop an MDT Treatment Plan, which would enable a swift return to either a permanent long term residence or an agreed alternative environment to meet an individual's changing needs.	<ul style="list-style-type: none"> • Age: 18+ • Area: Nottinghamshire. • Requiring assessment and treatment in one or more of the following areas: mental health, physical health, challenging behaviour or anti-social behaviours. 	Team Leader Robert Morton 0115 854 2251
Lindsay Close 5 Lindsay Close Mansfield Nottinghamshire NG18 5TF  01623 404618  01623 626055	Short term Admission to ascertain and develop an MDT Treatment Plan, which would enable a swift return to either a permanent long term residence or an agreed alternative environment to meet an individual's changing needs.	<ul style="list-style-type: none"> • Age: 18+ • Area: Mansfield and Ashfield, Bassetlaw and Newark • Requiring assessment and treatment in one or more of the following areas: mental health, physical health, challenging behaviour or anti- 	Team Leader Mel Keily 01623 404618




		social behaviours.	
<p>Community Assessment & Treatment Team (CATT South) Moorgreen Highbury Hospital Highbury Road Bulwell Nottingham NG6 9DR</p> <p> 0115 854 2233 Ext: 12227</p> <p> 0115 854 2213</p>	<p>A community Assessment & Treatment Unit for people with learning disabilities. It offers a community based service for adults with challenging behaviour and mental health problems along with learning disability, and associated anti-social behaviours.</p>	<ul style="list-style-type: none"> • Age: 18+ • Area: South of Nottinghamshire. • Requiring assessment and treatment in one or more of the following areas: mental health, physical health, challenging behaviour or anti-social behaviours. 	<p>Team Leader Bridget Smart 0115 854 2233</p>
<p>Community Assessment & Treatment Team (CATT North) 1 Lindsay Close Mansfield, Nottinghamshire NG18 5TF</p> <p> 01623 404614</p> <p> 01623 631849</p>	<p>A Community Assessment & Treatment team for people with learning disabilities. It offers a community based service for adults with challenging behaviour and mental health problems along with learning disability, and associated anti-social behaviours.</p>	<ul style="list-style-type: none"> • Adults • Area: Mansfield and Ashfield, Bassetlaw and Newark • Assessment and treatment required in one or more of the following areas: mental health. challenging behaviour or anti-social behaviours. 	<p>Team Leader Deborah Yates 01623 404614 or 07780 794042</p>







Short Break Services

Service Team Leader: Sally-Anne Redhead Contact Number: 01623 785489			
Matron: Paul Theed Contact Number: 0115 9770000 ext 12140			
Ward/Department	Description of Services	Admission Criteria	Telephone Contact
<p>NHS Newlands 1 North Drive Fernwood Newark Nottinghamshire NG24 3JX</p> <p> 01636 613486</p> <p></p>	<ul style="list-style-type: none"> • Provision of Short Breaks. • Run by Nottinghamshire County Council. • Short Break Nurses also input into Adult Social Care Short Break services 	<ul style="list-style-type: none"> • Age: 18+ • Level: Moderate to Severe learning disabilities. • Area: Newark only • Mental health needs assessment • Admission via CLDT panel 	<p>Team Manager Jan Blackwell 01636 613486</p>
<p>NHS Hucknall House</p>	<p>Short Breaks service for adults with a learning</p>	<ul style="list-style-type: none"> • Age: 18+ (access of the service by 	


<p>Highbury Hospital Highbury Road Bulwell Nottingham NG6 9DR</p>  <p>0115 854 2224 ext: 12124</p> 	<p>disability and associated behaviours and/or physical health needs; who cannot be supported anywhere other than a specialist health provision.</p>	<p>people 16 - 18 in exceptional Circumstances only</p> <ul style="list-style-type: none"> • Level: Have a <ul style="list-style-type: none"> – learning disability; – and/or challenging behaviour; – and/or Autism. • Area: Nottingham City, North, East and South 	<p>Team Leader Fiona Dennis 0115 854 2224 ext: 12124</p>
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Day Services











<p>Team Leader: Shirley Lavender Contact Number: 0115 9770000 ext 12143</p>			
Ward/Department	Description of Services	Admission Criteria	Telephone Contact
<p>Holly Lodge 77 Harcourt Street Newark Nottinghamshire NG24 1RZ</p>  <p>01636 610727</p>	<ul style="list-style-type: none"> • Day services for people with a range of challenging behaviour and complex needs • Provision also available for those with additional physical disabilities. • Day Assessment and Treatment packages • Peripatetic service to meet individual needs. 	<ul style="list-style-type: none"> • Age: 18+ • Area: Nottinghamshire • Assessed as having mental health issues and associated needs and behaviours that challenge services 	<p>Day Services Manager Glynis Barton 01636 610727 or 07770 320439</p>
<p>Day Services Mansfield (a) Abbott Road Westfield Lane Mansfield Nottinghamshire</p>  <p>01623 626895 (b) Springfield's The Forest Southwell Road Mansfield Nottinghamshire</p>  <p>01623 784909 ext: 4909</p>	<p>Provides a specialist day therapy service for people with a learning disability and / or associated mental health needs, offering assessment and treatment intervention and educational advice for clients and carers.</p>	<ul style="list-style-type: none"> • Age: 18+ • Level: Varying degrees of learning disability. • Area: Nottinghamshire area • Assessed as having associated mental health needs and / or display behaviors that challenge services. 	<p>Day Services Manager Nicola Clifton-Goward 01623 404615 or 01623 626895 or 01623 784909 ext: 4909</p>
<p>Greenacres Day Centre Wingfield Avenue Prospect Estate Worksop Nottinghamshire</p>	<p>Provides a social care day service for people with a learning disability, offering assessment and treatment intervention and educational advice for clients and carers.</p>	<ul style="list-style-type: none"> • Age: 18+ • Level: Varying degrees of learning disability. • Area: Bassetlaw area 	<p>Community Support Nurse Deborah Williams 01909 476499</p>

<p>S81 OTA</p>  <p>01909 476499</p> 			
<p>Flexible Day Services Unit 8, The John Fullman Business Centre, The Sycamore Centre Hungerhill Nottingham NG3 4NB</p>  <p>0115 969 2732</p>  <p>0115 969 2356</p>	<p>Providing one-to-one support to patients/clients/individuals in a range of day activities within the community, enabling and empowering them to access mainstream services.</p>	<ul style="list-style-type: none"> • Age: 18+ • Level: Varying degrees of learning disability. • Area: City area 	<p>Team Leader Nick Evening 0115 969 2732 or 07786 915649</p>
<p>Horizon Day Centre Highbury Hospital Highbury Road Bulwell Nottingham NG6 9DR</p>  <p>0115 9770000 ext: 12022</p> 	<p>Horizon Day Centre is a specialist day service for adults with a moderate to severe learning disability associated challenging behaviour and/ or associated mental health needs. It provides individualised support for service users who have complex needs and behavioural challenges, who may find it difficult to access other alternative main stream services.</p>	<ul style="list-style-type: none"> • Age: 18+ • Level: Varying degrees of learning disability. • Area: Nottinghamshire area • Assessed as having associated mental health needs and / or display behaviors that challenge services. 	<p>Day Services Manager Jan Thompson and Team Leader Mark Saxton 0115 9770000 xt: 12022</p>



Community Learning Disability Teams (CLDTs)





<p>Matron: Paul Theed Contact Number: 0115 9770000 ext 12140</p>			
Ward/Department	Description of Services	Admission Criteria	Telephone Contact
<p>County CLDT's</p> <p>Ashfield CLDT 68 Portland Street Kirkby in Ashfield Mansfield Nottinghamshire NG17 7AG</p>  <p>01623 785468</p>	<ul style="list-style-type: none"> • Multi-disciplinary and multi-agency teams • Supports a range of professionals: Consultant Psychiatrists, Occupational Therapists, physiotherapists, Social Workers, Welfare Rights Officers, Speech and Language Therapists and 	<ul style="list-style-type: none"> • Age: 18+ (With the exception of the Transition Service) • Level: Varying degrees of learning disability. • Area: Living in the Ashfield Community. 	<p>Sally-Anne Redhead</p> <p>Integrated Team Leader Andy Bigger 01623 785473</p>

 01623 785453	Clinical Psychologists. <ul style="list-style-type: none"> • Gate-keeper to needs led services. • Transition service for clients aged 16 – 18 available. 		
Bassetlaw CLDT Queens Building Potter Street Worksop Nottinghamshire S80 2BZ  01909 535565  01909 535603	As above	<ul style="list-style-type: none"> • Age: 18+ (With the exception of the Transition Service) • Level: Varying degrees of learning disability. • Area: Living in the Bassetlaw Community. 	Integrated Team Leader Brian Hunt 01909 535565
Broxtowe CLDT Sunnyside Road Beeston Nottingham NG9 4FR  0115 943 1086  0115 957 5356	As above	<ul style="list-style-type: none"> • Age: 18+ (With the exception of the Transition Service) • Level: Varying degrees of learning disability. • Area: Living in the Broxtowe Community. 	Integrated Team Leader Jo McAuley 0115 943 1086
Gedling CLDT Sir John Robinson Way Arnold Nottinghamshire NG5 6DB  0115 854 6230 (Admin)  0115 854 6209	As above	<ul style="list-style-type: none"> • Age: 18+ (With the exception of the Transition Service) • Level: Varying degrees of learning disability. • Area: Living in the Gedling community. 	Integrated Team Leader Paul Jackson 0115 854 6230
Mansfield CLDT Chadburn House Weighbridge Road Littleworth Mansfield Nottinghamshire NG18 1AH  01623 436640  01623 436651	As above	<ul style="list-style-type: none"> • Age: 18+ (With the exception of the Transition Service) • Level: Varying degrees of learning disability. • Area: Living in the Mansfield community only. 	Integrated Team Leader Sue Jaycock 01623 436640
Newark CLDT Byron House Newark Hospital Boundary Road Newark	As above	<ul style="list-style-type: none"> • Age: 18+ (With the exception of the Transition Service) • Level: Varying 	Integrated Team Leader Nick Alexander 01636 685927



<p>Nottinghamshire NG24 4DE</p>  <p>01636 685927</p>  <p>01636 685926</p>		<p>degrees of learning disability.</p> <ul style="list-style-type: none"> • Area: Living in the Newark & Sherwood Community. 	
<p>Rushcliffe CLDT West Bridgford House Loughborough Road West Bridgford Nottingham NG2 7UN</p>  <p>0115 8783579</p>  <p>0115 8465652</p>	As above	<ul style="list-style-type: none"> • Age: 18+ (With the exception of the Transition Service) • Level: Varying degrees of learning disability. • Area: Living in the Rushcliffe community. 	<p>Integrated Service Team Leader Alison Jackson 0115 878 3579</p>
<p>City CLDT's Nottingham East CLDT Mary Potter Centre Gregory Boulevard Hyson Green Nottingham NG8 3DH</p>  <p>0115 915 2468/9</p>  <p>0115 883 8555</p>	As above	<ul style="list-style-type: none"> • Age: 18+ • Level: Varying degrees of learning disability. • Area: Living in the city's community. 	<p>Team Leader Nikki Young 0115 883 9962</p>
<p>Nottingham City North CLDT Denewood Centre Denewood Crescent Bilborough Nottingham NG8 3DH</p>  <p>0115 915 9638</p>  <p>0115 915 9618</p>	As above	<ul style="list-style-type: none"> • Age: 18+ • Level: Varying degrees of learning disability. • Area: Living in the city's community. 	<p>Integrated Team Leader Maureen Downes 0115 915 96386</p>
<p>Nottingham City South CLDT Corner Stone South Church Drive Clifton Nottingham NG11 8EW</p>  <p>0115 943 1086</p>  <p>0115 878 6377</p>	As above	<ul style="list-style-type: none"> • Age: 18+ • Level: Varying degrees of learning disability. • Area: Living in the Clifton community. 	




Professional Allied to Health:-

General Manager: Debbie Abrams		Contact Number: 01623 785480	
Matron: Paul Theed		Contact Number: 0115 9770000 ext 12140	
Ward/Department	Description of Services	Admission Criteria	Telephone Contact
<p>Occupational Therapy 70 Portland Street Kirkby in Ashfield Nottinghamshire NG17 7AG</p>	<p>Occupational therapy aims to work in partnership with the client to enable them to develop or maintain their occupational performance skills, and roles that are specifically affected by their learning disability.</p>	<ul style="list-style-type: none"> • Age: 18+ • Level: Moderate to severe Learning disability • Area: Covers both County and City. 	<p>Professional Lead Samantha Jacques-Newton 01623 785479</p> <p>In the county Occupational Therapy staff are co-located within the CLDTs and should be contacted at the CLDT bases.</p>
<p>Physiotherapy</p> <p>In the county physiotherapy staff are co-located within the CLDTs and should be contacted at the CLDT bases.</p> <p>The City physiotherapy staff are based at Horizon Day Centre.</p>	<p>Offers assistance and advice with issues relating to movement, mobility, and balance and also positioning to help minimise the effects of physical disabilities, where the primary source of these issues are related to the person's learning disability.</p> <p>Physiotherapy services are provided across the areas of the 10 CLDTs, as well as within ATU, CATT and Day services as appropriate.</p>	<ul style="list-style-type: none"> • Age: 18+ • Level of learning disability: Varying levels of learning disability. • Area covered: City and County 	<p>Professional Lead Carol Tucker 01623 785461</p> <p>County Physiotherapy <i>See CLDTs</i></p> <p>City Physiotherapy 0115 8542203</p>
<p>Speech and Language Byron House Newark Hospital Boundary Road Newark Nottinghamshire NG24 4DE</p> <p> 01636 685927</p> <p> 01636 685926</p>	<p>Provides assessment, formulation, therapy, support and advice for people with speech, language, communication needs or dysphagia.</p>	<ul style="list-style-type: none"> • Age: 18+ • Level: Learning disabilities (moderate to profound, and mild with complex needs) • Area: Across city and county. 	<p>Professional Head and Manager Speech & Language Therapy Service Della Money 01636 685927 01636 685990</p>

<p>Psychology DoLD Highbury Hospital Highbury Road Bulwell Nottingham NG6 9DR</p> <p>Admin Support Jo Battershall & Mena Amato</p> <p> 0115 8542206</p> <p> 0115 8542276</p> <p>Donna Winfield- Stanesby</p> <p> 01623 785478</p>	<p>Provides psychological services to adults with Learning disabilities, their carers, support staff and MDTs.</p> <p>Services include:</p> <p>Psychological assessments and interventions, advice, consultancy and teaching.</p> <p>Specialist psychological therapies include CBT, family therapy, EMDR and CAT.</p> <p>Specialist assessments include complex risk & capacity assessments and formulation in the ATUs;</p> <p>Also provides diagnostic assessments of autism, Aspergers and ADHD.</p>	<p>Accepts referrals for adults with learning disabilities who encounter or experience complex psychological problems; and support staff and carers in the development of psychological support to people with single or less intense difficulties.</p> <ul style="list-style-type: none"> • Age: 18+ • Level: Varying levels of learning disabilities. • Area: Across city and county; through the CLDTs. 	<p>Lead Consultant Clinical Psychologist Dr Jennifer Clegg Tel: 0115 8542206</p> <p>Each CLDT has a link Psychologist, coordinated with relation to Skill-Mix.</p> <p>The County North by: John Robertson (Consultant Clinical Psychologist) 0115 8542233</p> <p>The County South by: Susan King (Consultant Clinical Psychologist) 0115 8542206</p>
<p>Art Therapy Horizon Day Centre Highbury Hospital Highbury Road Bulwell Nottingham NG6 9DR</p> <p> 0115 977 0000 ext. 12197</p>	<p>A form of psychotherapy which uses art materials for self-expression and self-exploration.</p>	<ul style="list-style-type: none"> • Age: 18+ • Level: Varying degrees of learning disabilities. • Area: City 	<p>Team Leader Rhian Saville 0115 9770000 ext: 12197</p>

Specialist Services:-

<p>General Manager: Debbie Abrams</p>		<p>Contact Number: 01623 785480</p>	
<p>Matron: Paul Theed</p>		<p>Contact Number: 0115 9770000 ext 12140</p>	
Ward/Department	Description of Services	Admission Criteria	Telephone Contact
<p>Nottingham City Asperger Service Highbury Hospital Highbury Road Bulwell Nottingham NG6 9DR</p> <p> 0115 854 2246 or 0115 977 0000 ext. 12046</p> <p> 0115 854 2204</p>	<p>Provides diagnostic assessments and offers support to clients who have been diagnosed with Asperger Syndrome.</p>	<ul style="list-style-type: none"> • Age: 18+ • Level: N/A • Area: City 	<p>Aspergers Nurse Specialist Jackie Dzienanowska 0115 854 2207</p>

Ward/Department	Description of Services	Admission Criteria	Telephone Contact
<p>Epilepsy Specialist Nursing Service Highbury Hospital Highbury Road Bulwell Nottingham NG6 9DR</p>  <p>0115 854 2248 or 0115 977 0000 ext. 12048</p>  <p>0115 8542201</p>	<p>Provides assessment, treatment and specialist advice to adults with complex epilepsy, their carers, and other professionals.</p>	<ul style="list-style-type: none"> • Age: 18+ • Level: Moderate to severe learning disability • Area: Covers both County and City. 	<p>Senior Epilepsy Nurse Specialist Sarah Pashley</p> <p>0115 8542269</p>
<p>Acute Liaison Nurses Room B 1832 South Block Queen's Medical Centre Nottingham</p>  <p>0115 924 9924 ext: 62560</p>	<p>Collaboration with the acute hospital to enable open & easy access to health care services for people with learning disabilities.</p>	<p>Adults with learning disabilities, using any clinics, theatres or inpatient facilities at either the QMC or City site.</p>	<p>Senior Acute Liaison Nurse George Badiali 0115 924 9924 ext: 62560</p> <p>07789031986</p>