

## Autism Support Group Information

### **1. The National Autistic Society – for Autism and Asperger’s Syndrome**

[www.autism.org.uk](http://www.autism.org.uk)

Tel: 020 7833 2299

Early intervention programme [www.autism.org.uk/earlybird](http://www.autism.org.uk/earlybird)

Tel: 01226 779218

Email: [earlybird@nas.org.uk](mailto:earlybird@nas.org.uk)

### **2. NORSACA – Nottingham Autism Support Group**

[www.norsaca.org.uk](http://www.norsaca.org.uk)

Contact details: [www.norsaca.org.uk/get-touch](http://www.norsaca.org.uk/get-touch)

### **3. APTCOO – A Place to Call Your Own**

Unit 15, Botany Park, Botany Avenue, Mansfield NG18 5NF

Tel: 01623 62 99 02

Email: [enquiries@aptcoo.co.uk](mailto:enquiries@aptcoo.co.uk)

### **4. Local Parent Support Groups**

#### **Sutton – Mansfield and District Autistic Spectrum Support Group**

Tel: 01623 454662 (Joyce Betts) / 01623 863273 (Joanne Tatt)

Meet on 1<sup>st</sup> Monday of the month at Harwood Court, Harwood Close, Sutton in Ashfield from 7-9pm. Members of this group can access a library of books on autistic spectrum disorders, monthly swimming sessions on Sundays at Sutton pools, trips, school holiday activities etc.

#### **Kirkby in Ashfield – SMILE: Coxmoor Community Centre**

[www.smileashfield.co.uk](http://www.smileashfield.co.uk)

Tel: 07554 515857 / 01623 758241

#### **Rainworth – WASP – We Are Special People**

Tel: 07946 833478 / 01623 795610

Parent support group at Joseph Whittaker School

#### **Hucknall – Indiogokids**

[www.indiogokids.org.uk](http://www.indiogokids.org.uk)

Tel: 07549 170490

#### **Newark and Sherwood Autism Support Group**

[www.hawtonvillees.co.uk](http://www.hawtonvillees.co.uk)

Email: [newarkautismgroup@hotmail.co.uk](mailto:newarkautismgroup@hotmail.co.uk)

Tel: 07960 121027

**5. Ask Iris, an information service for parents of children with disabilities in Nottingham and Nottinghamshire**

[www.askiris.org.uk](http://www.askiris.org.uk)

Tel: 0115 8533291

Email: [contactus@askiris.org.uk](mailto:contactus@askiris.org.uk)

**6. Information service at City Hospital, Hucknall Road, Nottingham NG5 1PB**

Tel: 0115 8831158 / 0115 8831157

Online link to books and resources: <http://childrenscentre.nhs.libraries.com>

**7. Education / Social Care**

**Schools and Families Support Service**

Mansfield & Ashfield – tel: 01623 433433

Newark & Bassetlaw – tel: 01909 532561 *via your child's school SENCO*

**Parent Partnership – Advocacy support for parents**

[www.ppnotts.org.uk](http://www.ppnotts.org.uk)

Tel: 0115 9482888

**8. Benefits and Funding**

**Benefits helpline** – tel: 0800 882200

**Welfare rights** – tel: 01623 520058

**Children's DLA** – tel: 0115 9626519

**Family Fund** – means tested yearly financial grant

[www.familyfund.org.uk](http://www.familyfund.org.uk)

Tel: 08449 744099

**9. Adults with Asperger's Syndrome Team (advice only)**

Tel: 01623 436636

**10. Useful reading**

The Autistic spectrum – A guide for parents and professionals – Lorna Wing

Asperger's Syndrome – A guide for parents and professionals – Tony Attwood

The NAS website also suggests a selection of books